

































Ocean Beach, outer coast, CA - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:39	6.3	10:16	5.4	2:51	2.2	3:34	-0.8	6:40	6:03	
2	Mon	9:30	6.1	10:48	5.5	3:39	1.8	4:11	-0.6	6:39	6:04	
3	Tue	10:18	5.9	11:17	5.6	4:24	1.4	4:45	-0.2	6:38	6:05	
4	Wed	11:05	5.5	11:45	5.7	5:08	1.0	5:18	0.3	6:36	6:06	
5	Thu	11:52	5.1			5:50	0.8	5:50	0.9	6:35	6:07	
6	Fri	12:12	5.7	12:41	4.7	6:32	0.7	6:21	1.5	6:33	6:08	
7	Sat	12:39	5.7	1:35	4.3	7:16	0.6	6:54	2.1	6:32	6:09	
8	Sun	1:08	5.6	3:40	3.9	9:04	0.6	8:29	2.7	7:30	7:10	
9	Mon	2:42	5.5	5:10	3.7	10:00	0.7	9:14	3.1	7:29	7:11	
10	Tue	3:25	5.3	7:08	3.8	11:07	0.8	10:33	3.5	7:27	7:12	
11	Wed	4:23	5.1	8:25	4.0			12:21	0.7	7:26	7:13	
12	Thu	5:32	5.1	9:05	4.2	12:17	3.5	1:27	0.5	7:24	7:14	
13	Fri	6:42	5.1	9:34	4.4	1:30	3.3	2:19	0.2	7:23	7:15	
14	Sat	7:44	5.3	9:59	4.6	2:23	3.0	3:01	0.0	7:21	7:16	
15	Sun	8:37	5.5	10:23	4.8	3:05	2.6	3:37	-0.2	7:20	7:17	
16	Mon	9:26	5.6	10:46	5.0	3:43	2.1	4:10	-0.2	7:18	7:18	
17	Tue	10:13	5.6	11:11	5.3	4:20	1.6	4:42	-0.1	7:17	7:19	
18	Wed	11:01	5.6	11:37	5.6	4:59	1.1	5:13	0.2	7:15	7:20	
19	Thu	11:51	5.4			5:39	0.5	5:46	0.6	7:14	7:21	
20	Fri	12:05	5.9	12:43	5.2	6:22	0.1	6:21	1.1	7:12	7:22	
21	Sat	12:36	6.1	1:41	4.8	7:08	-0.3	6:58	1.7	7:11	7:22	
22	Sun	1:11	6.3	2:46	4.5	7:59	-0.5	7:40	2.3	7:09	7:23	
23	Mon	1:51	6.3	4:04	4.2	8:57	-0.5	8:30	2.8	7:08	7:24	
24	Tue	2:41	6.1	5:34	4.1	10:05	-0.4	9:40	3.2	7:06	7:25	
25	Wed	3:43	5.9	7:01	4.3	11:23	-0.3	11:17	3.3	7:05	7:26	
26	Thu	4:59	5.6	8:04	4.6			12:40	-0.3	7:03	7:27	
27	Fri	6:20	5.5	8:50	4.8	12:50	3.0	1:46	-0.4	7:02	7:28	
28	Sat	7:34	5.5	9:29	5.1	2:01	2.5	2:39	-0.4	7:00	7:29	
29	Sun	8:39	5.5	10:03	5.4	2:58	1.9	3:23	-0.2	6:59	7:30	
30	Mon	9:36	5.4	10:34	5.5	3:47	1.3	4:02	0.0	6:57	7:31	
31	Tue	10:29	5.3	11:02	5.7	4:31	0.8	4:36	0.4	6:56	7:32	