US HARBORS www.USHarbors.com

Ocean Beach, outer coast, CA - Jun 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			1:44	4.5	6:22	-0.8	5:59	3.3	5:49	8:26	
2	Tue			2:23	4.5	6:58	-0.7	6:38	3.4	5:49	8:27	
3	Wed	12:14	5.7	3:02	4.4	7:34	-0.7	7:22	3.4	5:48	8:27	
4	Thu	12:53	5.5	3:41	4.5	8:13	-0.6	8:12	3.3	5:48	8:28	
5	Fri	1:36	5.2	4:20	4.5	8:54	-0.4	9:14	3.2	5:48	8:28	
6	Sat	2:25	4.9	4:57	4.7	9:36	-0.1	10:26	2.9	5:48	8:29	
7	Sun	3:24	4.5	5:34	5.0	10:21	0.2	11:37	2.4	5:47	8:30	
8	Mon	4:37	4.1	6:09	5.3	11:09	0.7			5:47	8:30	
9	Tue	6:04	3.8	6:45	5.7	12:41	1.8	11:58 AM	1.2	5:47	8:31	
10	Wed	7:35	3.8	7:22	6.1	1:36	1.0	12:49	1.7	5:47	8:31	
11	Thu	8:57	4.0	8:02	6.5	2:27	0.1	1:42	2.2	5:47	8:32	
12	Fri	10:08	4.3	8:45	6.8	3:15	-0.6	2:34	2.6	5:47	8:32	
13	Sat	11:09	4.6	9:31	7.1	4:04	-1.3	3:28	2.9	5:47	8:32	
14	Sun			12:05	4.8	4:53	-1.7	4:22	3.0	5:47	8:33	
15	Mon			12:56	4.9	5:43	-1.9	5:18	3.0	5:47	8:33	
16	Tue			1:45	5.0	6:33	-1.9	6:16	3.0	5:47	8:34	
17	Wed	12:07	6.9	2:33	5.1	7:23	-1.7	7:18	2.9	5:47	8:34	
18	Thu	1:02	6.5	3:20	5.2	8:12	-1.3	8:26	2.7	5:47	8:34	
19	Fri	1:59	5.9	4:06	5.4	9:01	-0.8	9:40	2.4	5:48	8:34	
20	Sat	3:01	5.2	4:52	5.5	9:49	-0.2	10:56	2.1	5:48	8:35	
21	Sun	4:11	4.5	5:36	5.7	10:39	0.5			5:48	8:35	
22	Mon	5:35	4.0	6:19	5.8	12:10	1.6	11:29 AM	1.2	5:48	8:35	
23	Tue	7:08	3.7	6:59	6.0	1:16	1.0	12:22	1.9	5:48	8:35	
24	Wed	8:37	3.8	7:38	6.1	2:12	0.5	1:15	2.4	5:49	8:35	
25	Thu	9:49	4.1	8:15	6.1	3:01	0.1	2:08	2.9	5:49	8:36	
26	Fri	10:46	4.3	8:52	6.2	3:43	-0.2	2:57	3.2	5:49	8:36	
27	Sat	11:33	4.5	9:29	6.2	4:22	-0.4	3:43	3.3	5:50	8:36	
28	Sun			12:13	4.6	4:58	-0.5	4:25	3.4	5:50	8:36	
29	Mon			12:48	4.6	5:32	-0.6	5:05	3.4	5:51	8:36	
30	Tue			1:21	4.7	6:06	-0.7	5:43	3.3	5:51	8:36	