

































Ocean Beach, outer coast, CA - Aug 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:26	5.7	1:57	5.3	7:09	-0.1	7:25	2.3	6:13	8:18	
2	Sun	1:10	5.4	2:25	5.5	7:40	0.3	8:15	2.0	6:14	8:17	
3	Mon	2:00	4.9	2:56	5.7	8:14	0.9	9:11	1.6	6:15	8:16	
4	Tue	3:02	4.4	3:32	6.0	8:51	1.5	10:16	1.3	6:16	8:15	
5	Wed	4:25	4.0	4:15	6.2	9:35	2.2	11:27	0.9	6:17	8:14	
6	Thu	6:10	3.8	5:06	6.3	10:31	2.8			6:18	8:13	
7	Fri	7:55	4.0	6:06	6.5	12:41	0.4	11:45 AM	3.2	6:19	8:12	
8	Sat	9:08	4.4	7:11	6.7	1:48	-0.1	1:04	3.4	6:19	8:11	
9	Sun	10:01	4.7	8:13	6.9	2:48	-0.6	2:14	3.3	6:20	8:10	
10	Mon	10:44	5.0	9:12	7.1	3:40	-0.9	3:16	3.0	6:21	8:09	
11	Tue	11:23	5.2	10:08	7.0	4:28	-1.1	4:12	2.6	6:22	8:07	
12	Wed			12:00	5.4	5:12	-1.1	5:05	2.2	6:23	8:06	
13	Thu			12:36	5.6	5:53	-0.8	5:57	1.9	6:24	8:05	
14	Fri			1:10	5.7	6:31	-0.4	6:49	1.6	6:25	8:04	
15	Sat	12:43	6.0	1:44	5.9	7:08	0.1	7:41	1.4	6:25	8:03	
16	Sun	1:36	5.4	2:18	5.9	7:45	0.8	8:36	1.3	6:26	8:01	
17	Mon	2:34	4.8	2:53	5.9	8:23	1.5	9:34	1.2	6:27	8:00	
18	Tue	3:43	4.3	3:31	5.8	9:04	2.3	10:39	1.1	6:28	7:59	
19	Wed	5:12	4.0	4:14	5.7	9:55	2.9	11:48	1.0	6:29	7:57	
20	Thu	7:02	4.0	5:07	5.7	11:06	3.4			6:30	7:56	
21	Fri	8:29	4.2	6:06	5.6	12:56	0.8	12:29	3.6	6:31	7:55	
22	Sat	9:22	4.5	7:06	5.7	1:56	0.6	1:38	3.5	6:31	7:53	
23	Sun	10:00	4.6	8:00	5.9	2:47	0.4	2:32	3.3	6:32	7:52	
24	Mon	10:30	4.8	8:48	6.0	3:28	0.2	3:15	3.1	6:33	7:51	
25	Tue	10:57	4.8	9:32	6.1	4:04	0.0	3:53	2.8	6:34	7:49	
26	Wed	11:21	5.0	10:14	6.1	4:36	-0.1	4:29	2.5	6:35	7:48	
27	Thu	11:45	5.1	10:55	6.0	5:05	-0.1	5:04	2.2	6:36	7:46	
28	Fri			12:09	5.3	5:34	0.0	5:41	1.9	6:37	7:45	
29	Sat			12:34	5.6	6:02	0.3	6:20	1.5	6:37	7:43	
30	Sun	12:21	5.6	1:00	5.8	6:32	0.7	7:02	1.2	6:38	7:42	
31	Mon	1:11	5.2	1:29	6.0	7:04	1.2	7:50	0.9	6:39	7:40	