US HARBORS www.USHarbors.com

Ocean Beach, outer coast, CA - Aug 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**12:26**	5.7	**1:57**	5.3	**7:09**	-0.1	**7:25**	2.3	6:13	8:18	
2	Sun	**1:10**	5.4	**2:25**	5.5	**7:40**	0.3	**8:15**	2.0	6:14	8:17	
3	Mon	**2:00**	4.9	**2:56**	5.7	**8:14**	0.9	**9:11**	1.6	6:15	8:16	
4	Tue	**3:02**	4.4	**3:32**	6.0	**8:51**	1.5	**10:16**	1.3	6:16	8:15	
5	Wed	**4:25**	4.0	**4:15**	6.2	**9:35**	2.2	**11:27**	0.9	6:17	8:14	
6	Thu	**6:10**	3.8	**5:06**	6.3	**10:31**	2.8			6:18	8:13	
7	Fri	**7:55**	4.0	**6:06**	6.5	**12:41**	0.4	**11:45 AM**	3.2	6:19	8:12	
8	Sat	**9:08**	4.4	**7:11**	6.7	**1:48**	-0.1	**1:04**	3.4	6:19	8:11	
9	Sun	**10:01**	4.7	**8:13**	6.9	**2:48**	-0.6	**2:14**	3.3	6:20	8:10	
10	Mon	**10:44**	5.0	**9:12**	7.1	**3:40**	-0.9	**3:16**	3.0	6:21	8:09	
11	Tue	**11:23**	5.2	**10:08**	7.0	**4:28**	-1.1	**4:12**	2.6	6:22	8:07	
12	Wed			**12:00**	5.4	**5:12**	-1.1	**5:05**	2.2	6:23	8:06	
13	Thu			**12:36**	5.6	**5:53**	-0.8	**5:57**	1.9	6:24	8:05	
14	Fri			**1:10**	5.7	**6:31**	-0.4	**6:49**	1.6	6:25	8:04	
15	Sat	**12:43**	6.0	**1:44**	5.9	**7:08**	0.1	**7:41**	1.4	6:25	8:03	
16	Sun	**1:36**	5.4	**2:18**	5.9	**7:45**	0.8	**8:36**	1.3	6:26	8:01	
17	Mon	**2:34**	4.8	**2:53**	5.9	**8:23**	1.5	**9:34**	1.2	6:27	8:00	
18	Tue	**3:43**	4.3	**3:31**	5.8	**9:04**	2.3	**10:39**	1.1	6:28	7:59	
19	Wed	**5:12**	4.0	**4:14**	5.7	**9:55**	2.9	**11:48**	1.0	6:29	7:57	
20	Thu	**7:02**	4.0	**5:07**	5.7	**11:06**	3.4			6:30	7:56	
21	Fri	**8:29**	4.2	**6:06**	5.6	**12:56**	0.8	**12:29**	3.6	6:31	7:55	
22	Sat	**9:22**	4.5	**7:06**	5.7	**1:56**	0.6	**1:38**	3.5	6:31	7:53	
23	Sun	**10:00**	4.6	**8:00**	5.9	**2:47**	0.4	**2:32**	3.3	6:32	7:52	
24	Mon	**10:30**	4.8	**8:48**	6.0	**3:28**	0.2	**3:15**	3.1	6:33	7:51	
25	Tue	**10:57**	4.8	**9:32**	6.1	**4:04**	0.0	**3:53**	2.8	6:34	7:49	
26	Wed	**11:21**	5.0	**10:14**	6.1	**4:36**	-0.1	**4:29**	2.5	6:35	7:48	
27	Thu	**11:45**	5.1	**10:55**	6.0	**5:05**	-0.1	**5:04**	2.2	6:36	7:46	
28	Fri			**12:09**	5.3	**5:34**	0.0	**5:41**	1.9	6:37	7:45	
29	Sat			**12:34**	5.6	**6:02**	0.3	**6:20**	1.5	6:37	7:43	
30	Sun	**12:21**	5.6	**1:00**	5.8	**6:32**	0.7	**7:02**	1.2	6:38	7:42	
31	Mon	**1:11**	5.2	**1:29**	6.0	**7:04**	1.2	**7:50**	0.9	6:39	7:40	