US HARBORS www.USHarbors.com

Ocean Beach, outer coast, CA - Sep 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**2:08**	4.8	**2:03**	6.1	**7:39**	1.8	**8:44**	0.7	6:40	7:39	
2	Wed	**3:17**	4.4	**2:43**	6.2	**8:19**	2.4	**9:48**	0.5	6:41	7:37	
3	Thu	**4:45**	4.1	**3:34**	6.2	**9:10**	3.0	**11:02**	0.4	6:42	7:36	
4	Fri	**6:28**	4.1	**4:38**	6.2	**10:22**	3.4			6:42	7:34	
5	Sat	**7:53**	4.4	**5:52**	6.2	**12:21**	0.1	**11:54 AM**	3.5	6:43	7:33	
6	Sun	**8:49**	4.7	**7:04**	6.3	**1:32**	-0.1	**1:17**	3.3	6:44	7:31	
7	Mon	**9:33**	5.0	**8:11**	6.5	**2:31**	-0.4	**2:23**	2.9	6:45	7:30	
8	Tue	**10:10**	5.3	**9:10**	6.5	**3:21**	-0.5	**3:19**	2.3	6:46	7:28	
9	Wed	**10:45**	5.5	**10:05**	6.4	**4:04**	-0.5	**4:10**	1.8	6:47	7:27	
10	Thu	**11:18**	5.7	**10:57**	6.2	**4:43**	-0.2	**4:57**	1.4	6:48	7:25	
11	Fri	**11:49**	5.9	**11:48**	5.8	**5:20**	0.1	**5:43**	1.0	6:48	7:24	
12	Sat			**12:20**	6.0	**5:55**	0.6	**6:28**	0.7	6:49	7:22	
13	Sun	**12:39**	5.4	**12:49**	6.0	**6:30**	1.2	**7:13**	0.6	6:50	7:21	
14	Mon	**1:32**	5.0	**1:19**	6.0	**7:05**	1.9	**7:59**	0.6	6:51	7:19	
15	Tue	**2:30**	4.6	**1:51**	5.9	**7:42**	2.5	**8:48**	0.6	6:52	7:18	
16	Wed	**3:37**	4.3	**2:27**	5.7	**8:24**	3.0	**9:44**	0.8	6:53	7:16	
17	Thu	**5:03**	4.2	**3:13**	5.5	**9:20**	3.4	**10:51**	0.9	6:53	7:14	
18	Fri	**6:43**	4.2	**4:12**	5.3	**10:46**	3.7			6:54	7:13	
19	Sat	**7:55**	4.4	**5:22**	5.2	**12:03**	0.9	**12:17**	3.6	6:55	7:11	
20	Sun	**8:39**	4.6	**6:31**	5.3	**1:08**	0.7	**1:23**	3.4	6:56	7:10	
21	Mon	**9:11**	4.7	**7:31**	5.4	**2:01**	0.5	**2:13**	3.0	6:57	7:08	
22	Tue	**9:37**	4.9	**8:24**	5.5	**2:43**	0.4	**2:54**	2.6	6:58	7:07	
23	Wed	**10:00**	5.0	**9:12**	5.6	**3:19**	0.3	**3:31**	2.2	6:59	7:05	
24	Thu	**10:23**	5.3	**9:59**	5.6	**3:51**	0.3	**4:07**	1.7	6:59	7:04	
25	Fri	**10:46**	5.5	**10:45**	5.6	**4:21**	0.5	**4:42**	1.2	7:00	7:02	
26	Sat	**11:11**	5.8	**11:33**	5.4	**4:51**	0.8	**5:19**	0.8	7:01	7:00	
27	Sun	**11:38**	6.1			**5:23**	1.2	**5:59**	0.3	7:02	6:59	
28	Mon	**12:24**	5.3	**12:08**	6.3	**5:56**	1.6	**6:43**	0.0	7:03	6:57	
29	Tue	**1:20**	5.0	**12:41**	6.4	**6:33**	2.2	**7:31**	-0.2	7:04	6:56	
30	Wed	**2:22**	4.8	**1:21**	6.4	**7:13**	2.7	**8:25**	-0.3	7:05	6:54	