

































## Ocean Beach, outer coast, CA - Oct 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:35	4.5	2:09	6.3	8:01	3.1	9:29	-0.2	7:05	6:53	
2	Fri	4:58	4.4	3:09	6.1	9:06	3.4	10:42	-0.1	7:06	6:51	
3	Sat	6:22	4.5	4:22	5.9	10:37	3.5	11:59	-0.1	7:07	6:50	
4	Sun	7:27	4.8	5:43	5.7			12:13	3.3	7:08	6:48	
5	Mon	8:15	5.1	7:00	5.7	1:07	-0.1	1:28	2.8	7:09	6:47	
6	Tue	8:55	5.4	8:09	5.7	2:03	-0.1	2:27	2.1	7:10	6:45	
7	Wed	9:30	5.6	9:10	5.6	2:50	0.1	3:19	1.5	7:11	6:44	
8	Thu	10:02	5.9	10:06	5.5	3:31	0.3	4:05	0.9	7:12	6:42	
9	Fri	10:33	6.1	11:00	5.4	4:09	0.7	4:48	0.4	7:13	6:41	
10	Sat	11:01	6.2	11:51	5.2	4:44	1.2	5:28	0.1	7:14	6:39	
11	Sun	11:29	6.2			5:19	1.7	6:08	-0.1	7:15	6:38	
12	Mon	12:43	5.0	11:57 AM	6.1	5:55	2.3	6:46	-0.1	7:15	6:36	
13	Tue	1:35	4.8	12:25	6.0	6:31	2.7	7:26	0.0	7:16	6:35	
14	Wed	2:30	4.6	12:57	5.8	7:09	3.1	8:10	0.1	7:17	6:34	
15	Thu	3:32	4.4	1:35	5.6	7:54	3.5	8:59	0.3	7:18	6:32	
16	Fri	4:43	4.3	2:22	5.3	8:53	3.7	9:57	0.5	7:19	6:31	
17	Sat	5:59	4.3	3:21	5.0	10:21	3.7	11:03	0.6	7:20	6:29	
18	Sun	6:58	4.5	4:32	4.9	11:50	3.5			7:21	6:28	
19	Mon	7:38	4.6	5:46	4.8	12:07	0.7	12:56	3.2	7:22	6:27	
20	Tue	8:08	4.8	6:55	4.8	1:00	0.6	1:47	2.7	7:23	6:25	
21	Wed	8:34	5.1	7:57	4.9	1:45	0.6	2:29	2.1	7:24	6:24	
22	Thu	8:58	5.4	8:54	4.9	2:23	0.7	3:06	1.5	7:25	6:23	
23	Fri	9:23	5.7	9:48	5.0	2:59	0.9	3:43	0.9	7:26	6:22	
24	Sat	9:50	6.0	10:42	5.1	3:34	1.3	4:20	0.2	7:27	6:20	
25	Sun	10:18	6.3	11:36	5.1	4:09	1.6	4:59	-0.3	7:28	6:19	
26	Mon	10:50	6.6			4:46	2.1	5:42	-0.8	7:29	6:18	
27	Tue	12:32	5.1	11:26 AM	6.7	5:26	2.5	6:27	-1.0	7:30	6:17	
28	Wed	1:30	5.0	12:07	6.8	6:09	2.9	7:17	-1.1	7:31	6:15	
29	Thu	2:32	4.8	12:54	6.6	6:57	3.2	8:12	-1.0	7:32	6:14	
30	Fri	3:38	4.7	1:50	6.3	7:57	3.4	9:14	-0.7	7:33	6:13	
31	Sat	4:46	4.8	2:55	5.9	9:15	3.4	10:21	-0.4	7:34	6:12	