



































## Ocean Beach, outer coast, CA - Jan 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:17	6.7			4:26	2.9	5:21	-1.2	7:25	5:02	
2	Tue	12:24	5.1	11:02 AM	6.5	5:13	2.7	6:00	-1.1	7:25	5:03	
3	Wed	1:00	5.3	11:51 AM	6.1	6:05	2.5	6:39	-0.8	7:25	5:03	
4	Thu	1:37	5.5	12:45	5.6	7:02	2.2	7:21	-0.3	7:25	5:04	
5	Fri	2:17	5.7	1:46	5.0	8:07	1.9	8:05	0.4	7:25	5:05	
6	Sat	2:59	5.9	3:02	4.4	9:19	1.5	8:53	1.1	7:25	5:06	
7	Sun	3:45	6.1	4:35	4.0	10:36	1.1	9:49	1.8	7:25	5:07	
8	Mon	4:36	6.3	6:16	3.9	11:49	0.5	10:55	2.4	7:25	5:08	
9	Tue	5:30	6.5	7:44	4.2			12:55	0.0	7:25	5:09	
10	Wed	6:25	6.6	8:49	4.5	12:06	2.8	1:52	-0.5	7:25	5:10	
11	Thu	7:19	6.7	9:41	4.8	1:13	3.0	2:42	-0.8	7:25	5:11	
12	Fri	8:10	6.8	10:26	5.0	2:14	3.0	3:27	-0.9	7:24	5:12	
13	Sat	8:58	6.7	11:06	5.2	3:07	2.9	4:08	-1.0	7:24	5:13	
14	Sun	9:43	6.5	11:42	5.2	3:56	2.8	4:46	-0.9	7:24	5:14	
15	Mon	10:26	6.3			4:42	2.6	5:22	-0.7	7:23	5:15	
16	Tue	12:16	5.2	11:07 AM	5.9	5:26	2.5	5:55	-0.4	7:23	5:16	
17	Wed	12:47	5.3	11:47 AM	5.5	6:10	2.4	6:28	0.0	7:23	5:17	
18	Thu	1:17	5.3	12:29	5.1	6:56	2.2	7:00	0.4	7:22	5:18	
19	Fri	1:45	5.3	1:15	4.6	7:45	2.1	7:32	1.0	7:22	5:19	
20	Sat	2:16	5.4	2:10	4.1	8:41	2.0	8:07	1.6	7:21	5:20	
21	Sun	2:50	5.4	3:24	3.7	9:44	1.8	8:47	2.2	7:21	5:21	
22	Mon	3:29	5.5	5:07	3.5	10:53	1.5	9:38	2.7	7:20	5:22	
23	Tue	4:15	5.6	6:56	3.6	11:58	1.1	10:47	3.1	7:19	5:24	
24	Wed	5:07	5.7	8:09	3.9			12:55	0.7	7:19	5:25	
25	Thu	6:01	5.9	8:55	4.3	12:01	3.3	1:43	0.2	7:18	5:26	
26	Fri	6:54	6.1	9:32	4.5	1:03	3.3	2:25	-0.3	7:18	5:27	
27	Sat	7:44	6.4	10:05	4.7	1:55	3.1	3:05	-0.6	7:17	5:28	
28	Sun	8:32	6.6	10:38	5.0	2:42	2.9	3:42	-0.9	7:16	5:29	
29	Mon	9:20	6.7	11:10	5.2	3:27	2.6	4:20	-1.1	7:15	5:30	
30	Tue	10:08	6.6	11:43	5.5	4:13	2.2	4:57	-1.0	7:14	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Wed	<b>10:57</b>	6.4			<b>5:01</b>	1.8	<b>5:34</b>	-0.7	7:14	5:32	