

































Ocean Beach, outer coast, CA - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:29	7.0	9:44	4.9	1:18	2.8	2:45	-1.1	7:25	5:02	
2	Wed	8:21	7.1	10:32	5.1	2:18	2.8	3:33	-1.4	7:25	5:02	
3	Thu	9:12	7.1	11:16	5.3	3:14	2.7	4:19	-1.4	7:25	5:03	
4	Fri	10:02	7.0	11:58	5.4	4:08	2.6	5:02	-1.4	7:25	5:04	
5	Sat	10:51	6.6			5:01	2.5	5:44	-1.1	7:25	5:05	
6	Sun	12:39	5.5	11:39 AM	6.2	5:54	2.3	6:25	-0.7	7:25	5:06	
7	Mon	1:18	5.5	12:28	5.6	6:49	2.2	7:05	-0.2	7:25	5:07	
8	Tue	1:57	5.6	1:19	5.0	7:47	2.1	7:45	0.4	7:25	5:08	
9	Wed	2:35	5.6	2:18	4.4	8:51	2.0	8:27	1.1	7:25	5:09	
10	Thu	3:15	5.6	3:31	3.9	9:59	1.8	9:13	1.7	7:25	5:10	
11	Fri	3:57	5.6	5:05	3.6	11:08	1.5	10:08	2.3	7:25	5:11	
12	Sat	4:41	5.7	6:45	3.7			12:12	1.1	7:24	5:12	
13	Sun	5:28	5.7	8:01	4.0			1:07	0.7	7:24	5:13	
14	Mon	6:16	5.9	8:54	4.2	12:16	3.0	1:54	0.4	7:24	5:14	
15	Tue	7:02	6.0	9:35	4.5	1:13	3.1	2:34	0.0	7:23	5:15	
16	Wed	7:46	6.2	10:09	4.6	2:02	3.1	3:11	-0.2	7:23	5:16	
17	Thu	8:28	6.3	10:41	4.8	2:44	3.0	3:44	-0.5	7:23	5:17	
18	Fri	9:09	6.3	11:11	4.9	3:24	2.9	4:16	-0.6	7:22	5:18	
19	Sat	9:49	6.3	11:41	5.1	4:02	2.7	4:48	-0.7	7:22	5:19	
20	Sun	10:30	6.2			4:42	2.5	5:20	-0.7	7:21	5:20	
21	Mon	12:11	5.2	11:13 AM	6.0	5:24	2.2	5:53	-0.5	7:21	5:21	
22	Tue	12:43	5.4	11:59 AM	5.7	6:10	2.0	6:28	-0.1	7:20	5:22	
23	Wed	1:16	5.6	12:50	5.2	7:01	1.7	7:06	0.4	7:20	5:23	
24	Thu	1:52	5.8	1:51	4.6	7:59	1.4	7:47	1.0	7:19	5:24	
25	Fri	2:33	6.0	3:08	4.1	9:06	1.2	8:35	1.7	7:18	5:25	
26	Sat	3:20	6.1	4:44	3.9	10:21	0.8	9:34	2.3	7:18	5:27	
27	Sun	4:15	6.3	6:26	4.0	11:36	0.4	10:48	2.7	7:17	5:28	
28	Mon	5:16	6.4	7:45	4.3			12:44	-0.1	7:16	5:29	
29	Tue	6:19	6.6	8:43	4.7	12:07	2.9	1:43	-0.5	7:15	5:30	
30	Wed	7:19	6.7	9:31	5.0	1:17	2.9	2:35	-0.8	7:15	5:31	
31	Thu	8:14	6.8	10:12	5.2	2:18	2.7	3:21	-1.0	7:14	5:32	