


































## Ocean Beach, outer coast, CA - Mar 2030

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Fri | 8:10  | 6.1 | 9:41  | 5.3 | 2:20  | 2.1  | 3:00  | -0.5 | 6:40  | 6:03 |    |
| 2    | Sat | 9:02  | 6.0 | 10:14 | 5.5 | 3:09  | 1.7  | 3:38  | -0.3 | 6:39  | 6:04 |    |
| 3    | Sun | 9:51  | 5.8 | 10:45 | 5.6 | 3:54  | 1.4  | 4:14  | -0.1 | 6:37  | 6:05 |    |
| 4    | Mon | 10:36 | 5.6 | 11:14 | 5.7 | 4:36  | 1.1  | 4:48  | 0.3  | 6:36  | 6:06 |    |
| 5    | Tue | 11:21 | 5.3 | 11:42 | 5.7 | 5:16  | 0.9  | 5:21  | 0.7  | 6:35  | 6:07 |    |
| 6    | Wed |       |     | 12:05 | 5.0 | 5:55  | 0.7  | 5:53  | 1.2  | 6:33  | 6:08 |    |
| 7    | Thu | 12:09 | 5.7 | 12:51 | 4.6 | 6:35  | 0.7  | 6:26  | 1.7  | 6:32  | 6:09 |    |
| 8    | Fri | 12:38 | 5.6 | 1:42  | 4.3 | 7:17  | 0.7  | 7:01  | 2.1  | 6:30  | 6:10 |    |
| 9    | Sat | 1:10  | 5.5 | 2:43  | 3.9 | 8:04  | 0.8  | 7:41  | 2.6  | 6:29  | 6:11 |    |
| 10   | Sun | 1:48  | 5.4 | 5:02  | 3.8 | 10:00 | 0.8  | 9:33  | 2.9  | 7:27  | 7:12 |    |
| 11   | Mon | 3:36  | 5.2 | 6:36  | 3.8 | 11:07 | 0.9  | 10:50 | 3.1  | 7:26  | 7:13 |    |
| 12   | Tue | 4:36  | 5.1 | 7:49  | 4.0 |       |      | 12:17 | 0.8  | 7:24  | 7:14 |   |
| 13   | Wed | 5:44  | 5.1 | 8:35  | 4.2 | 12:17 | 3.1  | 1:19  | 0.6  | 7:23  | 7:15 |  |
| 14   | Thu | 6:50  | 5.2 | 9:09  | 4.4 | 1:25  | 2.9  | 2:09  | 0.3  | 7:21  | 7:16 |  |
| 15   | Fri | 7:50  | 5.3 | 9:39  | 4.7 | 2:17  | 2.6  | 2:52  | 0.1  | 7:20  | 7:17 |  |
| 16   | Sat | 8:45  | 5.5 | 10:07 | 5.0 | 3:02  | 2.1  | 3:29  | 0.0  | 7:18  | 7:18 |  |
| 17   | Sun | 9:36  | 5.6 | 10:36 | 5.3 | 3:43  | 1.6  | 4:05  | 0.0  | 7:17  | 7:19 |  |
| 18   | Mon | 10:26 | 5.7 | 11:06 | 5.6 | 4:24  | 1.0  | 4:40  | 0.2  | 7:15  | 7:20 |  |
| 19   | Tue | 11:17 | 5.6 | 11:38 | 6.0 | 5:06  | 0.5  | 5:17  | 0.4  | 7:14  | 7:21 |  |
| 20   | Wed |       |     | 12:09 | 5.5 | 5:49  | 0.0  | 5:54  | 0.8  | 7:12  | 7:22 |  |
| 21   | Thu | 12:12 | 6.2 | 1:04  | 5.2 | 6:36  | -0.4 | 6:34  | 1.3  | 7:11  | 7:22 |  |
| 22   | Fri | 12:50 | 6.4 | 2:03  | 4.9 | 7:26  | -0.6 | 7:18  | 1.8  | 7:09  | 7:23 |  |
| 23   | Sat | 1:32  | 6.4 | 3:08  | 4.6 | 8:21  | -0.6 | 8:07  | 2.2  | 7:08  | 7:24 |  |
| 24   | Sun | 2:21  | 6.2 | 4:23  | 4.4 | 9:22  | -0.5 | 9:09  | 2.6  | 7:06  | 7:25 |  |
| 25   | Mon | 3:18  | 6.0 | 5:45  | 4.3 | 10:32 | -0.3 | 10:31 | 2.8  | 7:05  | 7:26 |  |
| 26   | Tue | 4:26  | 5.7 | 7:00  | 4.5 | 11:47 | -0.2 |       |      | 7:03  | 7:27 |  |
| 27   | Wed | 5:42  | 5.5 | 8:00  | 4.8 | 12:03 | 2.7  | 12:57 | -0.1 | 7:02  | 7:28 |  |
| 28   | Thu | 6:58  | 5.3 | 8:47  | 5.1 | 1:22  | 2.4  | 1:56  | -0.1 | 7:00  | 7:29 |  |
| 29   | Fri | 8:06  | 5.3 | 9:26  | 5.3 | 2:24  | 1.9  | 2:46  | 0.0  | 6:59  | 7:30 |  |
| 30   | Sat | 9:06  | 5.3 | 10:01 | 5.5 | 3:17  | 1.4  | 3:28  | 0.2  | 6:57  | 7:31 |  |
| 31   | Sun | 10:00 | 5.2 | 10:32 | 5.6 | 4:02  | 0.9  | 4:06  | 0.5  | 6:56  | 7:32 |  |