US HARBORS www.USHarbors.com

Ocean Beach, outer coast, CA - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**8:10**	6.1	**9:41**	5.3	**2:20**	2.1	**3:00**	-0.5	6:40	6:03	
2	Sat	**9:02**	6.0	**10:14**	5.5	**3:09**	1.7	**3:38**	-0.3	6:39	6:04	
3	Sun	**9:51**	5.8	**10:45**	5.6	**3:54**	1.4	**4:14**	-0.1	6:37	6:05	
4	Mon	**10:36**	5.6	**11:14**	5.7	**4:36**	1.1	**4:48**	0.3	6:36	6:06	
5	Tue	**11:21**	5.3	**11:42**	5.7	**5:16**	0.9	**5:21**	0.7	6:35	6:07	
6	Wed			**12:05**	5.0	**5:55**	0.7	**5:53**	1.2	6:33	6:08	
7	Thu	**12:09**	5.7	**12:51**	4.6	**6:35**	0.7	**6:26**	1.7	6:32	6:09	
8	Fri	**12:38**	5.6	**1:42**	4.3	**7:17**	0.7	**7:01**	2.1	6:30	6:10	
9	Sat	**1:10**	5.5	**2:43**	3.9	**8:04**	0.8	**7:41**	2.6	6:29	6:11	
10	Sun	**1:48**	5.4	**5:02**	3.8	**10:00**	0.8	**9:33**	2.9	7:27	7:12	
11	Mon	**3:36**	5.2	**6:36**	3.8	**11:07**	0.9	**10:50**	3.1	7:26	7:13	
12	Tue	**4:36**	5.1	**7:49**	4.0			**12:17**	0.8	7:24	7:14	
13	Wed	**5:44**	5.1	**8:35**	4.2	**12:17**	3.1	**1:19**	0.6	7:23	7:15	
14	Thu	**6:50**	5.2	**9:09**	4.4	**1:25**	2.9	**2:09**	0.3	7:21	7:16	
15	Fri	**7:50**	5.3	**9:39**	4.7	**2:17**	2.6	**2:52**	0.1	7:20	7:17	
16	Sat	**8:45**	5.5	**10:07**	5.0	**3:02**	2.1	**3:29**	0.0	7:18	7:18	
17	Sun	**9:36**	5.6	**10:36**	5.3	**3:43**	1.6	**4:05**	0.0	7:17	7:19	
18	Mon	**10:26**	5.7	**11:06**	5.6	**4:24**	1.0	**4:40**	0.2	7:15	7:20	
19	Tue	**11:17**	5.6	**11:38**	6.0	**5:06**	0.5	**5:17**	0.4	7:14	7:21	
20	Wed			**12:09**	5.5	**5:49**	0.0	**5:54**	0.8	7:12	7:22	
21	Thu	**12:12**	6.2	**1:04**	5.2	**6:36**	-0.4	**6:34**	1.3	7:11	7:22	
22	Fri	**12:50**	6.4	**2:03**	4.9	**7:26**	-0.6	**7:18**	1.8	7:09	7:23	
23	Sat	**1:32**	6.4	**3:08**	4.6	**8:21**	-0.6	**8:07**	2.2	7:08	7:24	
24	Sun	**2:21**	6.2	**4:23**	4.4	**9:22**	-0.5	**9:09**	2.6	7:06	7:25	
25	Mon	**3:18**	6.0	**5:45**	4.3	**10:32**	-0.3	**10:31**	2.8	7:05	7:26	
26	Tue	**4:26**	5.7	**7:00**	4.5	**11:47**	-0.2			7:03	7:27	
27	Wed	**5:42**	5.5	**8:00**	4.8	**12:03**	2.7	**12:57**	-0.1	7:02	7:28	
28	Thu	**6:58**	5.3	**8:47**	5.1	**1:22**	2.4	**1:56**	-0.1	7:00	7:29	
29	Fri	**8:06**	5.3	**9:26**	5.3	**2:24**	1.9	**2:46**	0.0	6:59	7:30	
30	Sat	**9:06**	5.3	**10:01**	5.5	**3:17**	1.4	**3:28**	0.2	6:57	7:31	
31	Sun	**10:00**	5.2	**10:32**	5.6	**4:02**	0.9	**4:06**	0.5	6:56	7:32	