








Ocean Beach, outer coast, CA - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:49	5.2	3:36	5.2	8:35	0.1	9:22	2.5	5:52	8:36	
2	Sat	2:37	4.7	4:15	5.3	9:15	0.6	10:26	2.3	5:52	8:35	
3	Sun	3:34	4.2	4:55	5.3	9:59	1.0	11:32	2.0	5:53	8:35	
4	Mon	4:44	3.9	5:37	5.4	10:46	1.5			5:53	8:35	
5	Tue	6:08	3.7	6:19	5.6	12:35	1.7	11:39 AM	2.0	5:54	8:35	
6	Wed	7:35	3.7	7:02	5.8	1:31	1.3	12:35	2.3	5:54	8:35	
7	Thu	8:47	3.9	7:44	6.0	2:19	0.8	1:29	2.6	5:55	8:34	
8	Fri	9:44	4.1	8:27	6.2	3:02	0.4	2:20	2.7	5:56	8:34	
9	Sat	10:30	4.4	9:09	6.4	3:41	0.0	3:06	2.8	5:56	8:34	
10	Sun	11:12	4.6	9:51	6.5	4:18	-0.4	3:51	2.8	5:57	8:33	
11	Mon	11:51	4.8	10:34	6.6	4:55	-0.7	4:35	2.7	5:57	8:33	
12	Tue			12:29	5.0	5:33	-0.9	5:21	2.6	5:58	8:33	
13	Wed			1:07	5.2	6:12	-1.0	6:09	2.4	5:59	8:32	
14	Thu	12:05	6.4	1:46	5.4	6:53	-0.9	7:01	2.2	6:00	8:32	
15	Fri	12:55	6.1	2:26	5.6	7:34	-0.6	7:57	2.0	6:00	8:31	
16	Sat	1:49	5.7	3:09	5.8	8:18	-0.2	9:01	1.8	6:01	8:31	
17	Sun	2:50	5.2	3:54	6.0	9:05	0.3	10:12	1.5	6:02	8:30	
18	Mon	4:02	4.6	4:44	6.2	9:57	1.0	11:27	1.2	6:02	8:29	
19	Tue	5:26	4.3	5:37	6.4	10:56	1.6			6:03	8:29	
20	Wed	6:57	4.2	6:32	6.5	12:40	0.7	12:01	2.0	6:04	8:28	
21	Thu	8:19	4.4	7:27	6.6	1:45	0.3	1:08	2.4	6:05	8:27	
22	Fri	9:25	4.6	8:20	6.7	2:42	-0.1	2:11	2.5	6:06	8:27	
23	Sat	10:20	4.9	9:10	6.7	3:33	-0.4	3:08	2.6	6:06	8:26	
24	Sun	11:07	5.1	9:57	6.7	4:18	-0.6	4:01	2.5	6:07	8:25	
25	Mon	11:49	5.2	10:41	6.5	4:59	-0.6	4:49	2.5	6:08	8:24	
26	Tue			12:27	5.3	5:37	-0.5	5:35	2.4	6:09	8:24	
27	Wed			1:03	5.3	6:13	-0.4	6:19	2.3	6:10	8:23	
28	Thu	12:04	6.0	1:36	5.3	6:48	-0.1	7:02	2.3	6:10	8:22	
29	Fri	12:45	5.6	2:08	5.4	7:22	0.2	7:47	2.2	6:11	8:21	
30	Sat	1:26	5.2	2:40	5.4	7:55	0.6	8:35	2.1	6:12	8:20	
31	Sun	2:11	4.8	3:13	5.4	8:31	1.1	9:28	2.0	6:13	8:19	