

































Ocean Beach, outer coast, CA - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:12	6.8	9:00	4.8	12:53	2.1	2:18	-0.5	7:25	5:02	
2	Mon	8:01	6.9	9:55	5.1	1:51	2.3	3:06	-0.9	7:25	5:02	
3	Tue	8:49	7.0	10:44	5.3	2:46	2.4	3:51	-1.1	7:25	5:03	
4	Wed	9:35	6.9	11:29	5.4	3:38	2.4	4:35	-1.1	7:25	5:04	
5	Thu	10:21	6.7			4:29	2.4	5:17	-1.0	7:25	5:05	
6	Fri	12:12	5.4	11:05 AM	6.4	5:19	2.4	5:57	-0.8	7:25	5:06	
7	Sat	12:54	5.5	11:50 AM	6.0	6:10	2.4	6:37	-0.4	7:25	5:07	
8	Sun	1:34	5.4	12:35	5.5	7:02	2.4	7:17	0.0	7:25	5:08	
9	Mon	2:14	5.4	1:23	4.9	7:59	2.3	7:58	0.5	7:25	5:09	
10	Tue	2:55	5.4	2:19	4.4	9:01	2.2	8:41	1.1	7:25	5:10	
11	Wed	3:36	5.4	3:28	4.0	10:09	2.1	9:30	1.6	7:25	5:11	
12	Thu	4:20	5.4	4:54	3.7	11:17	1.7	10:26	2.1	7:24	5:12	
13	Fri	5:05	5.5	6:27	3.7			12:18	1.4	7:24	5:13	
14	Sat	5:50	5.7	7:43	3.9			1:10	0.9	7:24	5:14	
15	Sun	6:35	5.8	8:38	4.2	12:26	2.7	1:54	0.5	7:23	5:15	
16	Mon	7:18	6.0	9:22	4.5	1:19	2.8	2:33	0.1	7:23	5:16	
17	Tue	8:00	6.2	10:01	4.7	2:05	2.8	3:09	-0.2	7:23	5:17	
18	Wed	8:41	6.3	10:36	4.9	2:47	2.8	3:44	-0.5	7:22	5:18	
19	Thu	9:22	6.4	11:11	5.1	3:28	2.7	4:19	-0.7	7:22	5:19	
20	Fri	10:03	6.5	11:46	5.2	4:08	2.5	4:55	-0.8	7:21	5:20	
21	Sat	10:46	6.4			4:51	2.4	5:31	-0.8	7:21	5:21	
22	Sun	12:22	5.4	11:31 AM	6.1	5:36	2.2	6:10	-0.6	7:20	5:22	
23	Mon	12:59	5.5	12:20	5.8	6:26	2.0	6:51	-0.3	7:20	5:23	
24	Tue	1:38	5.7	1:16	5.3	7:22	1.8	7:34	0.2	7:19	5:24	
25	Wed	2:21	5.8	2:21	4.8	8:26	1.6	8:23	0.8	7:18	5:26	
26	Thu	3:09	6.0	3:41	4.3	9:39	1.3	9:19	1.4	7:18	5:27	
27	Fri	4:01	6.1	5:14	4.1	10:57	0.9	10:25	2.0	7:17	5:28	
28	Sat	4:58	6.2	6:45	4.2			12:09	0.4	7:16	5:29	
29	Sun	5:57	6.4	7:57	4.5			1:12	0.0	7:15	5:30	
30	Mon	6:54	6.5	8:55	4.9	12:46	2.5	2:07	-0.4	7:15	5:31	
31	Tue	7:48	6.6	9:43	5.1	1:48	2.5	2:55	-0.7	7:14	5:32	