



































## Ocean Beach, outer coast, CA - Jan 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:51	4.8	10:55 AM	6.0	5:21	3.3	6:08	-0.5	7:25	5:01	
2	Mon	1:24	4.8	11:33 AM	5.8	6:00	3.3	6:43	-0.4	7:25	5:02	
3	Tue	1:59	4.8	12:13	5.5	6:45	3.2	7:19	-0.2	7:25	5:03	
4	Wed	2:34	4.9	12:58	5.1	7:37	3.1	7:57	0.1	7:25	5:04	
5	Thu	3:10	5.0	1:52	4.7	8:40	2.8	8:39	0.5	7:25	5:05	
6	Fri	3:48	5.2	3:03	4.2	9:51	2.4	9:26	1.1	7:25	5:06	
7	Sat	4:27	5.5	4:35	3.9	11:02	1.8	10:18	1.6	7:25	5:06	
8	Sun	5:09	5.8	6:16	3.9			12:06	1.1	7:25	5:07	
9	Mon	5:52	6.2	7:45	4.1			1:03	0.3	7:25	5:08	
10	Tue	6:39	6.6	8:55	4.5	12:18	2.6	1:56	-0.5	7:25	5:09	
11	Wed	7:27	6.9	9:52	4.8	1:18	2.9	2:46	-1.1	7:25	5:10	
12	Thu	8:18	7.2	10:42	5.1	2:16	3.0	3:36	-1.5	7:24	5:11	
13	Fri	9:10	7.3	11:29	5.2	3:11	3.0	4:24	-1.7	7:24	5:12	
14	Sat	10:02	7.3			4:06	2.9	5:11	-1.7	7:24	5:13	
15	Sun	12:13	5.3	10:54 AM	7.0	5:01	2.7	5:58	-1.5	7:24	5:14	
16	Mon	12:56	5.4	11:46 AM	6.6	5:58	2.6	6:43	-1.1	7:23	5:15	
17	Tue	1:39	5.5	12:40	6.0	6:58	2.4	7:28	-0.6	7:23	5:16	
18	Wed	2:22	5.6	1:38	5.3	8:04	2.2	8:13	0.1	7:22	5:17	
19	Thu	3:05	5.6	2:45	4.6	9:15	2.0	9:00	0.8	7:22	5:18	
20	Fri	3:49	5.7	4:07	4.0	10:30	1.6	9:52	1.6	7:22	5:20	
21	Sat	4:34	5.8	5:46	3.8	11:41	1.2	10:50	2.2	7:21	5:21	
22	Sun	5:20	5.8	7:21	4.0			12:44	0.8	7:20	5:22	
23	Mon	6:05	5.9	8:32	4.2			1:37	0.4	7:20	5:23	
24	Tue	6:49	6.0	9:25	4.5	12:54	3.0	2:22	0.1	7:19	5:24	
25	Wed	7:32	6.0	10:07	4.7	1:49	3.2	3:02	-0.2	7:19	5:25	
26	Thu	8:13	6.1	10:43	4.8	2:36	3.2	3:38	-0.3	7:18	5:26	
27	Fri	8:52	6.2	11:14	4.8	3:17	3.2	4:11	-0.5	7:17	5:27	
28	Sat	9:30	6.2	11:43	4.9	3:54	3.1	4:43	-0.5	7:17	5:28	
29	Sun	10:08	6.2			4:29	2.9	5:13	-0.6	7:16	5:29	
30	Mon	12:11	4.9	10:45 AM	6.0	5:04	2.8	5:43	-0.5	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Tue	<b>12:39</b>	5.0	<b>11:23 AM</b>	5.8	<b>5:41</b>	2.6	<b>6:13</b>	-0.3	7:14	5:32	