














Ocean Beach, outer coast, CA - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:52	3.8	6:37	6.4	12:50	1.0	12:00	1.9	5:52	8:36	
2	Thu	8:26	4.0	7:23	6.7	1:51	0.2	12:58	2.4	5:52	8:35	
3	Fri	9:44	4.3	8:11	7.0	2:46	-0.5	1:58	2.9	5:53	8:35	
4	Sat	10:47	4.6	9:02	7.2	3:39	-1.1	2:57	3.1	5:53	8:35	
5	Sun	11:40	4.9	9:54	7.2	4:29	-1.4	3:55	3.2	5:54	8:35	
6	Mon			12:28	5.0	5:18	-1.6	4:52	3.1	5:54	8:35	
7	Tue			1:13	5.1	6:06	-1.6	5:48	3.0	5:55	8:34	
8	Wed			1:56	5.2	6:52	-1.4	6:45	2.9	5:55	8:34	
9	Thu	12:27	6.5	2:38	5.3	7:35	-1.1	7:43	2.7	5:56	8:34	
10	Fri	1:18	6.0	3:18	5.3	8:17	-0.6	8:45	2.5	5:57	8:34	
11	Sat	2:10	5.3	3:57	5.4	8:58	0.0	9:51	2.3	5:57	8:33	
12	Sun	3:08	4.7	4:35	5.5	9:39	0.7	11:00	2.0	5:58	8:33	
13	Mon	4:18	4.1	5:13	5.6	10:23	1.4			5:59	8:32	
14	Tue	5:47	3.7	5:51	5.7	12:08	1.6	11:11 AM	2.1	5:59	8:32	
15	Wed	7:32	3.6	6:31	5.8	1:10	1.2	12:05	2.7	6:00	8:31	
16	Thu	9:02	3.9	7:13	5.9	2:05	0.7	1:05	3.1	6:01	8:31	
17	Fri	10:05	4.2	7:55	6.0	2:52	0.4	2:03	3.4	6:01	8:30	
18	Sat	10:51	4.4	8:38	6.2	3:34	0.0	2:54	3.5	6:02	8:30	
19	Sun	11:29	4.6	9:21	6.3	4:13	-0.2	3:39	3.5	6:03	8:29	
20	Mon			12:02	4.7	4:50	-0.4	4:20	3.4	6:04	8:28	
21	Tue			12:33	4.8	5:24	-0.6	4:58	3.3	6:04	8:28	
22	Wed			1:03	4.8	5:58	-0.8	5:37	3.1	6:05	8:27	
23	Thu			1:32	5.0	6:31	-0.8	6:19	2.9	6:06	8:26	
24	Fri	12:05	6.2	2:02	5.1	7:05	-0.7	7:05	2.7	6:07	8:25	
25	Sat	12:49	5.9	2:33	5.3	7:39	-0.4	7:57	2.4	6:08	8:25	
26	Sun	1:38	5.4	3:05	5.6	8:15	0.1	8:55	2.0	6:08	8:24	
27	Mon	2:36	4.9	3:41	5.8	8:53	0.7	10:01	1.6	6:09	8:23	
28	Tue	3:49	4.3	4:21	6.1	9:36	1.4	11:14	1.1	6:10	8:22	
29	Wed	5:24	3.9	5:07	6.3	10:27	2.2			6:11	8:21	
30	Thu	7:11	3.9	5:59	6.6	12:26	0.6	11:29 AM	2.8	6:12	8:20	
31	Fri	8:42	4.2	6:57	6.7	1:34	0.0	12:42	3.2	6:13	8:19	