




































Ocean Beach, outer coast, CA - Jan 2045

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 7:53 | 7.0 | 10:32 | 4.9 | 1:53 | 3.3 | 3:19 | -1.3 | 7:25 | 5:02 |  |
| 2 | Mon | 8:44 | 7.2 | 11:16 | 5.1 | 2:48 | 3.2 | 4:06 | -1.7 | 7:25 | 5:03 |  |
| 3 | Tue | 9:36 | 7.3 | 11:58 | 5.2 | 3:41 | 3.1 | 4:53 | -1.8 | 7:25 | 5:04 |  |
| 4 | Wed | 10:29 | 7.2 | | | 4:36 | 2.8 | 5:38 | -1.7 | 7:25 | 5:04 |  |
| 5 | Thu | 12:39 | 5.4 | 11:22 AM | 6.8 | 5:33 | 2.6 | 6:23 | -1.4 | 7:25 | 5:05 |  |
| 6 | Fri | 1:20 | 5.5 | 12:17 | 6.3 | 6:33 | 2.3 | 7:07 | -0.9 | 7:25 | 5:06 |  |
| 7 | Sat | 2:02 | 5.7 | 1:16 | 5.6 | 7:38 | 2.1 | 7:51 | -0.2 | 7:25 | 5:07 |  |
| 8 | Sun | 2:44 | 5.8 | 2:23 | 4.8 | 8:50 | 1.8 | 8:37 | 0.6 | 7:25 | 5:08 |  |
| 9 | Mon | 3:28 | 6.0 | 3:44 | 4.1 | 10:05 | 1.4 | 9:26 | 1.5 | 7:25 | 5:09 |  |
| 10 | Tue | 4:14 | 6.1 | 5:24 | 3.8 | 11:20 | 1.0 | 10:23 | 2.2 | 7:25 | 5:10 |  |
| 11 | Wed | 5:02 | 6.2 | 7:06 | 3.9 | | | 12:27 | 0.5 | 7:24 | 5:11 |  |
| 12 | Thu | 5:51 | 6.2 | 8:25 | 4.2 | | | 1:26 | 0.1 | 7:24 | 5:12 |  |
| 13 | Fri | 6:40 | 6.2 | 9:21 | 4.5 | 12:37 | 3.1 | 2:16 | -0.2 | 7:24 | 5:13 |  |
| 14 | Sat | 7:26 | 6.2 | 10:06 | 4.7 | 1:37 | 3.3 | 2:59 | -0.4 | 7:24 | 5:14 |  |
| 15 | Sun | 8:10 | 6.2 | 10:44 | 4.8 | 2:29 | 3.3 | 3:37 | -0.5 | 7:23 | 5:15 |  |
| 16 | Mon | 8:51 | 6.2 | 11:17 | 4.8 | 3:13 | 3.3 | 4:12 | -0.5 | 7:23 | 5:16 |  |
| 17 | Tue | 9:29 | 6.2 | 11:45 | 4.8 | 3:53 | 3.1 | 4:43 | -0.6 | 7:23 | 5:17 |  |
| 18 | Wed | 10:06 | 6.1 | | | 4:29 | 3.0 | 5:13 | -0.5 | 7:22 | 5:18 |  |
| 19 | Thu | 12:12 | 4.9 | 10:42 AM | 5.9 | 5:05 | 2.8 | 5:42 | -0.4 | 7:22 | 5:19 |  |
| 20 | Fri | 12:36 | 4.9 | 11:18 AM | 5.7 | 5:41 | 2.7 | 6:09 | -0.2 | 7:21 | 5:20 |  |
| 21 | Sat | 1:01 | 5.0 | 11:56 AM | 5.3 | 6:21 | 2.5 | 6:38 | 0.1 | 7:21 | 5:21 |  |
| 22 | Sun | 1:27 | 5.2 | 12:38 | 4.9 | 7:05 | 2.3 | 7:07 | 0.6 | 7:20 | 5:23 |  |
| 23 | Mon | 1:55 | 5.3 | 1:28 | 4.4 | 7:55 | 2.1 | 7:39 | 1.1 | 7:19 | 5:24 |  |
| 24 | Tue | 2:26 | 5.5 | 2:35 | 3.9 | 8:54 | 1.8 | 8:16 | 1.8 | 7:19 | 5:25 |  |
| 25 | Wed | 3:03 | 5.7 | 4:11 | 3.6 | 10:01 | 1.4 | 9:01 | 2.4 | 7:18 | 5:26 |  |
| 26 | Thu | 3:46 | 5.9 | 6:10 | 3.6 | 11:13 | 0.9 | 10:03 | 3.0 | 7:17 | 5:27 |  |
| 27 | Fri | 4:39 | 6.1 | 7:45 | 4.0 | | | 12:21 | 0.3 | 7:17 | 5:28 |  |
| 28 | Sat | 5:39 | 6.3 | 8:45 | 4.3 | | | 1:21 | -0.3 | 7:16 | 5:29 |  |
| 29 | Sun | 6:40 | 6.6 | 9:30 | 4.7 | 12:39 | 3.4 | 2:15 | -0.9 | 7:15 | 5:30 |  |
| 30 | Mon | 7:40 | 6.9 | 10:10 | 4.9 | 1:44 | 3.2 | 3:05 | -1.3 | 7:14 | 5:31 |  |

| Date | | High | | | | Low | | | |  | |  |
|-----------|-----|-------------|-----|--------------|-----|-------------|-----|-------------|------|--|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 31 | Tue | 8:37 | 7.1 | 10:47 | 5.2 | 2:42 | 2.9 | 3:51 | -1.5 | 7:14 | 5:33 |  |