

































Ocean Beach, outer coast, CA - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			2:12	4.8	7:01	-0.6	6:55	3.1	5:52	8:36	
2	Sun	12:25	5.7	2:42	4.8	7:34	-0.4	7:39	3.0	5:52	8:35	
3	Mon	1:04	5.4	3:11	4.9	8:06	-0.2	8:29	2.9	5:53	8:35	
4	Tue	1:46	5.0	3:40	5.0	8:39	0.2	9:25	2.7	5:53	8:35	
5	Wed	2:34	4.5	4:12	5.2	9:13	0.7	10:28	2.4	5:54	8:35	
6	Thu	3:34	4.0	4:45	5.4	9:50	1.2	11:33	1.9	5:54	8:35	
7	Fri	4:55	3.7	5:22	5.6	10:32	1.8			5:55	8:34	
8	Sat	6:37	3.5	6:03	5.9	12:35	1.4	11:23 AM	2.4	5:56	8:34	
9	Sun	8:16	3.7	6:48	6.2	1:31	0.8	12:22	2.9	5:56	8:34	
10	Mon	9:32	4.0	7:37	6.5	2:23	0.1	1:24	3.2	5:57	8:33	
11	Tue	10:27	4.4	8:28	6.8	3:11	-0.5	2:24	3.3	5:58	8:33	
12	Wed	11:14	4.6	9:20	7.0	3:59	-1.0	3:20	3.3	5:58	8:33	
13	Thu	11:56	4.9	10:13	7.2	4:45	-1.4	4:15	3.1	5:59	8:32	
14	Fri			12:36	5.1	5:31	-1.6	5:09	2.9	6:00	8:32	
15	Sat			1:15	5.2	6:16	-1.6	6:05	2.6	6:00	8:31	
16	Sun			1:54	5.5	7:00	-1.3	7:04	2.3	6:01	8:30	
17	Mon	12:54	6.5	2:33	5.7	7:42	-0.9	8:06	1.9	6:02	8:30	
18	Tue	1:52	5.8	3:14	5.9	8:25	-0.2	9:14	1.6	6:03	8:29	
19	Wed	2:56	5.1	3:56	6.1	9:09	0.5	10:26	1.3	6:03	8:29	
20	Thu	4:12	4.4	4:41	6.3	9:57	1.4	11:41	0.9	6:04	8:28	
21	Fri	5:45	4.0	5:29	6.3	10:51	2.1			6:05	8:27	
22	Sat	7:27	4.0	6:21	6.4	12:52	0.5	11:56 AM	2.7	6:06	8:27	
23	Sun	8:54	4.2	7:13	6.4	1:56	0.2	1:06	3.1	6:06	8:26	
24	Mon	9:56	4.5	8:05	6.4	2:51	-0.1	2:11	3.3	6:07	8:25	
25	Tue	10:45	4.8	8:53	6.4	3:39	-0.3	3:07	3.3	6:08	8:24	
26	Wed	11:25	4.9	9:37	6.3	4:21	-0.4	3:55	3.2	6:09	8:23	
27	Thu			12:00	4.9	4:58	-0.4	4:38	3.1	6:10	8:23	
28	Fri			12:30	4.9	5:31	-0.4	5:16	3.0	6:10	8:22	
29	Sat			12:57	4.9	6:02	-0.4	5:53	2.8	6:11	8:21	
30	Sun			1:21	5.0	6:30	-0.2	6:30	2.6	6:12	8:20	
31	Mon	12:09	5.7	1:45	5.1	6:58	0.0	7:09	2.5	6:13	8:19	