


































Ocean Beach, outer coast, CA - Dec 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:46	5.4	4:07	4.6	10:48	2.2	10:31	0.6	7:07	4:51	
2	Sat	5:30	5.8	5:37	4.3			12:00	1.5	7:08	4:51	
3	Sun	6:12	6.2	7:04	4.3			1:00	0.6	7:09	4:51	
4	Mon	6:52	6.5	8:20	4.4	12:21	1.7	1:53	-0.1	7:09	4:51	
5	Tue	7:32	6.7	9:25	4.7	1:13	2.2	2:41	-0.6	7:10	4:50	
6	Wed	8:12	6.8	10:22	4.9	2:03	2.6	3:25	-1.0	7:11	4:50	
7	Thu	8:51	6.8	11:13	5.0	2:53	3.0	4:07	-1.1	7:12	4:51	
8	Fri	9:31	6.7			3:41	3.2	4:48	-1.1	7:13	4:51	
9	Sat	12:00	5.0	10:11 AM	6.5	4:28	3.3	5:28	-1.0	7:14	4:51	
10	Sun	12:45	5.0	10:51 AM	6.3	5:15	3.3	6:08	-0.8	7:14	4:51	
11	Mon	1:27	4.9	11:32 AM	5.9	6:02	3.3	6:47	-0.6	7:15	4:51	
12	Tue	2:08	4.9	12:13	5.6	6:53	3.3	7:27	-0.3	7:16	4:51	
13	Wed	2:47	4.8	12:58	5.1	7:51	3.2	8:07	0.1	7:17	4:51	
14	Thu	3:24	4.9	1:50	4.6	8:57	3.0	8:48	0.6	7:17	4:52	
15	Fri	4:00	5.0	2:53	4.1	10:09	2.7	9:31	1.1	7:18	4:52	
16	Sat	4:35	5.2	4:14	3.7	11:16	2.2	10:17	1.6	7:19	4:52	
17	Sun	5:09	5.4	5:48	3.6			12:14	1.7	7:19	4:53	
18	Mon	5:45	5.6	7:17	3.7			1:02	1.1	7:20	4:53	
19	Tue	6:21	5.9	8:29	4.0			1:45	0.5	7:20	4:53	
20	Wed	6:59	6.2	9:26	4.3	12:48	2.9	2:25	-0.1	7:21	4:54	
21	Thu	7:39	6.5	10:15	4.6	1:38	3.1	3:04	-0.6	7:21	4:54	
22	Fri	8:21	6.7	10:59	4.8	2:25	3.3	3:45	-1.0	7:22	4:55	
23	Sat	9:06	6.9	11:41	4.9	3:12	3.3	4:26	-1.3	7:22	4:55	
24	Sun	9:52	6.9			3:59	3.2	5:09	-1.5	7:23	4:56	
25	Mon	12:22	5.0	10:41 AM	6.9	4:49	3.1	5:53	-1.5	7:23	4:57	
26	Tue	1:03	5.1	11:32 AM	6.6	5:43	2.9	6:37	-1.2	7:24	4:57	
27	Wed	1:44	5.2	12:26	6.1	6:43	2.7	7:22	-0.8	7:24	4:58	
28	Thu	2:26	5.4	1:26	5.5	7:51	2.4	8:08	-0.2	7:24	4:59	
29	Fri	3:08	5.7	2:37	4.8	9:07	2.0	8:56	0.5	7:24	4:59	
30	Sat	3:53	5.9	4:04	4.2	10:26	1.5	9:48	1.3	7:25	5:00	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sun	4:39	6.2	5:42	3.9	11:41	0.9	10:44	2.1	7:25	5:01	