



































Ocean Beach, outer coast, CA - Jan 2046

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:24	6.4	7:18	4.0			12:44	0.3	7:25	5:02	
2	Tue	6:14	6.6	8:34	4.4			1:41	-0.2	7:25	5:03	
3	Wed	7:03	6.6	9:32	4.7	12:53	3.0	2:31	-0.6	7:25	5:03	
4	Thu	7:51	6.6	10:20	4.9	1:53	3.1	3:16	-0.8	7:25	5:04	
5	Fri	8:36	6.6	11:02	5.0	2:47	3.2	3:57	-0.9	7:25	5:05	
6	Sat	9:19	6.5	11:40	5.0	3:35	3.1	4:34	-0.8	7:25	5:06	
7	Sun	10:00	6.3			4:20	3.1	5:09	-0.8	7:25	5:07	
8	Mon	12:14	5.0	10:38 AM	6.1	5:02	3.0	5:43	-0.6	7:25	5:08	
9	Tue	12:44	5.0	11:16 AM	5.8	5:43	2.8	6:14	-0.3	7:25	5:09	
10	Wed	1:13	5.0	11:54 AM	5.4	6:25	2.7	6:45	0.0	7:25	5:10	
11	Thu	1:41	5.1	12:35	5.0	7:11	2.6	7:16	0.4	7:24	5:11	
12	Fri	2:09	5.1	1:22	4.5	8:03	2.4	7:48	1.0	7:24	5:12	
13	Sat	2:39	5.3	2:20	4.0	9:02	2.2	8:22	1.5	7:24	5:13	
14	Sun	3:13	5.4	3:41	3.6	10:09	1.9	9:02	2.1	7:24	5:14	
15	Mon	3:52	5.6	5:31	3.4	11:16	1.4	9:55	2.7	7:23	5:15	
16	Tue	4:37	5.7	7:18	3.7			12:17	0.9	7:23	5:16	
17	Wed	5:27	5.9	8:28	4.0			1:11	0.4	7:23	5:17	
18	Thu	6:19	6.2	9:16	4.4	12:14	3.3	1:59	-0.2	7:22	5:18	
19	Fri	7:12	6.5	9:56	4.7	1:16	3.4	2:43	-0.7	7:22	5:19	
20	Sat	8:04	6.8	10:32	4.9	2:10	3.2	3:26	-1.1	7:21	5:20	
21	Sun	8:55	7.0	11:08	5.1	3:01	3.0	4:08	-1.4	7:21	5:21	
22	Mon	9:45	7.0	11:43	5.3	3:51	2.7	4:49	-1.5	7:20	5:22	
23	Tue	10:36	6.9			4:42	2.3	5:29	-1.3	7:20	5:23	
24	Wed	12:18	5.5	11:28 AM	6.5	5:35	1.9	6:09	-0.9	7:19	5:24	
25	Thu	12:55	5.8	12:24	5.9	6:32	1.6	6:50	-0.3	7:18	5:26	
26	Fri	1:33	6.0	1:25	5.2	7:33	1.3	7:31	0.5	7:18	5:27	
27	Sat	2:13	6.2	2:36	4.5	8:40	1.0	8:16	1.3	7:17	5:28	
28	Sun	2:58	6.3	4:05	4.0	9:54	0.8	9:09	2.1	7:16	5:29	
29	Mon	3:48	6.3	5:52	3.9	11:11	0.5	10:17	2.8	7:15	5:30	
30	Tue	4:45	6.2	7:27	4.2			12:23	0.1	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	5:45	6.2	8:33	4.5			1:26	-0.1	7:14	5:32	