

































Ocean Beach, outer coast, CA - Jan 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:06	6.7	8:55	4.7	12:47	2.2	2:09	-0.4	7:25	5:02	
2	Thu	7:55	7.0	9:50	5.0	1:44	2.3	2:58	-1.0	7:25	5:03	
3	Fri	8:44	7.2	10:40	5.3	2:39	2.4	3:46	-1.4	7:25	5:04	
4	Sat	9:34	7.2	11:28	5.5	3:33	2.4	4:33	-1.5	7:25	5:04	
5	Sun	10:24	7.1			4:27	2.3	5:19	-1.5	7:25	5:05	
6	Mon	12:14	5.6	11:14 AM	6.8	5:22	2.2	6:05	-1.2	7:25	5:06	
7	Tue	1:00	5.7	12:06	6.3	6:19	2.2	6:51	-0.8	7:25	5:07	
8	Wed	1:45	5.7	1:00	5.7	7:19	2.1	7:37	-0.2	7:25	5:08	
9	Thu	2:32	5.7	1:59	5.1	8:25	2.0	8:25	0.4	7:25	5:09	
10	Fri	3:19	5.8	3:07	4.5	9:37	1.9	9:18	1.0	7:25	5:10	
11	Sat	4:08	5.8	4:29	4.0	10:50	1.6	10:15	1.6	7:24	5:11	
12	Sun	4:58	5.8	6:01	3.9	11:58	1.2	11:17	2.1	7:24	5:12	
13	Mon	5:46	5.8	7:23	4.0			12:57	0.9	7:24	5:13	
14	Tue	6:32	5.9	8:27	4.3	12:18	2.4	1:47	0.5	7:24	5:14	
15	Wed	7:15	6.0	9:16	4.5	1:13	2.6	2:29	0.2	7:23	5:15	
16	Thu	7:55	6.1	9:57	4.7	2:02	2.7	3:07	0.0	7:23	5:16	
17	Fri	8:33	6.1	10:33	4.8	2:45	2.8	3:41	-0.2	7:22	5:17	
18	Sat	9:10	6.2	11:05	4.9	3:25	2.8	4:13	-0.3	7:22	5:18	
19	Sun	9:47	6.1	11:35	5.0	4:01	2.7	4:44	-0.4	7:22	5:19	
20	Mon	10:23	6.1			4:37	2.6	5:14	-0.4	7:21	5:20	
21	Tue	12:05	5.1	11:00 AM	5.9	5:13	2.5	5:46	-0.3	7:20	5:22	
22	Wed	12:36	5.2	11:39 AM	5.7	5:52	2.4	6:18	-0.2	7:20	5:23	
23	Thu	1:09	5.3	12:21	5.4	6:35	2.3	6:54	0.1	7:19	5:24	
24	Fri	1:44	5.4	1:09	5.0	7:24	2.1	7:33	0.5	7:19	5:25	
25	Sat	2:22	5.5	2:09	4.5	8:22	1.9	8:17	1.0	7:18	5:26	
26	Sun	3:05	5.7	3:26	4.1	9:30	1.6	9:09	1.6	7:17	5:27	
27	Mon	3:53	5.8	5:00	3.9	10:44	1.2	10:12	2.0	7:17	5:28	
28	Tue	4:48	6.0	6:33	4.1	11:55	0.6	11:22	2.4	7:16	5:29	
29	Wed	5:45	6.3	7:48	4.4			12:58	0.0	7:15	5:30	
30	Thu	6:43	6.6	8:46	4.8	12:31	2.5	1:54	-0.5	7:14	5:31	
31	Fri	7:39	6.8	9:36	5.1	1:35	2.5	2:44	-0.9	7:13	5:33	