

































Ocean Beach, outer coast, CA - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:37	6.5	8:18	4.5	12:07	2.0	1:40	-0.1	7:25	5:02	
2	Tue	7:23	6.8	9:23	4.8	1:05	2.3	2:31	-0.8	7:25	5:03	
3	Wed	8:10	7.1	10:19	5.0	2:01	2.6	3:20	-1.3	7:25	5:04	
4	Thu	8:58	7.2	11:10	5.2	2:56	2.8	4:08	-1.6	7:25	5:04	
5	Fri	9:47	7.2	11:58	5.3	3:50	2.8	4:55	-1.6	7:25	5:05	
6	Sat	10:37	7.0			4:44	2.8	5:41	-1.5	7:25	5:06	
7	Sun	12:44	5.4	11:26 AM	6.6	5:39	2.7	6:27	-1.2	7:25	5:07	
8	Mon	1:29	5.4	12:16	6.1	6:37	2.7	7:12	-0.7	7:25	5:08	
9	Tue	2:14	5.4	1:09	5.5	7:39	2.6	7:58	-0.2	7:25	5:09	
10	Wed	2:58	5.4	2:07	4.9	8:47	2.4	8:44	0.4	7:25	5:10	
11	Thu	3:43	5.5	3:17	4.3	9:59	2.2	9:34	1.1	7:24	5:11	
12	Fri	4:27	5.5	4:42	3.9	11:11	1.8	10:28	1.7	7:24	5:12	
13	Sat	5:10	5.6	6:17	3.8			12:16	1.4	7:24	5:13	
14	Sun	5:52	5.7	7:41	4.0			1:11	0.9	7:24	5:14	
15	Mon	6:32	5.8	8:44	4.2	12:22	2.6	1:57	0.5	7:23	5:15	
16	Tue	7:12	6.0	9:33	4.5	1:16	2.9	2:37	0.1	7:23	5:16	
17	Wed	7:51	6.1	10:14	4.6	2:04	3.0	3:14	-0.2	7:22	5:17	
18	Thu	8:29	6.2	10:50	4.8	2:47	3.1	3:48	-0.4	7:22	5:18	
19	Fri	9:07	6.3	11:23	4.9	3:26	3.1	4:21	-0.6	7:22	5:19	
20	Sat	9:45	6.3	11:55	4.9	4:03	3.0	4:53	-0.7	7:21	5:20	
21	Sun	10:24	6.3			4:40	2.9	5:26	-0.7	7:20	5:22	
22	Mon	12:27	5.0	11:03 AM	6.1	5:18	2.8	6:00	-0.7	7:20	5:23	
23	Tue	1:00	5.1	11:44 AM	5.9	6:00	2.6	6:35	-0.5	7:19	5:24	
24	Wed	1:33	5.2	12:29	5.5	6:48	2.4	7:13	-0.1	7:19	5:25	
25	Thu	2:09	5.3	1:22	5.1	7:44	2.2	7:53	0.4	7:18	5:26	
26	Fri	2:48	5.5	2:28	4.5	8:48	1.9	8:39	1.0	7:17	5:27	
27	Sat	3:31	5.7	3:54	4.1	10:01	1.5	9:32	1.6	7:17	5:28	
28	Sun	4:18	5.9	5:37	3.9	11:15	0.9	10:35	2.2	7:16	5:29	
29	Mon	5:11	6.2	7:12	4.1			12:24	0.3	7:15	5:30	
30	Tue	6:06	6.5	8:24	4.5			1:25	-0.3	7:14	5:31	
31	Wed	7:02	6.7	9:21	4.8	12:54	2.8	2:20	-0.8	7:13	5:33	