

















## Ocean Beach, outer coast, CA - Jun 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:10	4.5	5:19	-0.4	4:52	2.6	5:49	8:26	
2	Sat			12:54	4.5	5:52	-0.6	5:29	2.9	5:49	8:27	
3	Sun			1:37	4.5	6:25	-0.6	6:06	3.1	5:48	8:28	
4	Mon			2:19	4.5	6:59	-0.6	6:46	3.2	5:48	8:28	
5	Tue	12:20	5.7	3:01	4.5	7:35	-0.6	7:29	3.3	5:48	8:29	
6	Wed	12:58	5.5	3:45	4.5	8:14	-0.5	8:20	3.3	5:48	8:29	
7	Thu	1:41	5.3	4:29	4.6	8:57	-0.3	9:22	3.3	5:47	8:30	
8	Fri	2:30	4.9	5:13	4.7	9:43	-0.1	10:35	3.1	5:47	8:30	
9	Sat	3:29	4.6	5:55	4.9	10:33	0.1	11:46	2.6	5:47	8:31	
10	Sun	4:41	4.3	6:34	5.2	11:25	0.4			5:47	8:31	
11	Mon	6:04	4.1	7:12	5.6	12:49	2.0	12:18	0.8	5:47	8:32	
12	Tue	7:27	4.1	7:49	6.0	1:43	1.3	1:09	1.2	5:47	8:32	
13	Wed	8:44	4.2	8:27	6.4	2:32	0.5	2:00	1.6	5:47	8:33	
14	Thu	9:53	4.5	9:07	6.7	3:20	-0.3	2:50	2.0	5:47	8:33	
15	Fri	10:56	4.7	9:50	7.0	4:08	-1.0	3:41	2.3	5:47	8:33	
16	Sat	11:54	4.9	10:36	7.1	4:56	-1.5	4:32	2.6	5:47	8:34	
17	Sun			12:49	5.1	5:45	-1.8	5:26	2.8	5:47	8:34	
18	Mon			1:42	5.2	6:34	-1.8	6:22	2.8	5:48	8:34	
19	Tue	12:16	6.9	2:34	5.2	7:25	-1.7	7:23	2.9	5:48	8:35	
20	Wed	1:09	6.5	3:26	5.3	8:16	-1.4	8:31	2.8	5:48	8:35	
21	Thu	2:06	5.9	4:17	5.4	9:08	-0.9	9:46	2.7	5:48	8:35	
22	Fri	3:08	5.3	5:08	5.5	10:01	-0.3	11:05	2.3	5:48	8:35	
23	Sat	4:18	4.7	5:57	5.6	10:55	0.2			5:49	8:35	
24	Sun	5:38	4.2	6:42	5.8	12:19	1.9	11:50 AM	0.8	5:49	8:36	
25	Mon	7:03	4.0	7:23	5.9	1:25	1.4	12:43	1.4	5:49	8:36	
26	Tue	8:24	4.0	8:00	6.0	2:20	0.9	1:34	1.9	5:50	8:36	
27	Wed	9:33	4.1	8:35	6.1	3:08	0.4	2:22	2.3	5:50	8:36	
28	Thu	10:30	4.3	9:08	6.1	3:49	0.1	3:07	2.7	5:51	8:36	
29	Fri	11:20	4.5	9:41	6.2	4:26	-0.2	3:50	2.9	5:51	8:36	
30	Sat			12:03	4.6	5:00	-0.4	4:30	3.1	5:51	8:36	