



































Ocean Beach, outer coast, CA - Jan 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:16	4.9	11:21 AM	5.9	5:54	3.3	6:34	-0.4	7:25	5:02	
2	Thu	1:51	4.8	12:00	5.6	6:38	3.2	7:10	-0.2	7:25	5:02	
3	Fri	2:25	4.8	12:41	5.2	7:28	3.1	7:46	0.2	7:25	5:03	
4	Sat	2:59	4.9	1:29	4.7	8:26	3.0	8:23	0.6	7:25	5:04	
5	Sun	3:34	5.0	2:27	4.2	9:33	2.7	9:04	1.1	7:25	5:05	
6	Mon	4:10	5.2	3:45	3.8	10:43	2.3	9:49	1.6	7:25	5:06	
7	Tue	4:47	5.4	5:22	3.6	11:46	1.7	10:41	2.1	7:25	5:07	
8	Wed	5:26	5.7	7:00	3.7			12:40	1.1	7:25	5:08	
9	Thu	6:07	6.0	8:18	4.1			1:27	0.4	7:25	5:09	
10	Fri	6:50	6.3	9:17	4.4	12:36	2.9	2:12	-0.3	7:25	5:10	
11	Sat	7:35	6.6	10:07	4.7	1:31	3.1	2:57	-0.8	7:24	5:11	
12	Sun	8:22	6.9	10:51	4.9	2:24	3.2	3:41	-1.3	7:24	5:12	
13	Mon	9:11	7.1	11:34	5.1	3:14	3.2	4:27	-1.6	7:24	5:13	
14	Tue	10:01	7.1			4:05	3.0	5:12	-1.7	7:24	5:14	
15	Wed	12:15	5.2	10:52 AM	7.0	4:58	2.8	5:57	-1.6	7:23	5:15	
16	Thu	12:56	5.3	11:45 AM	6.7	5:53	2.6	6:42	-1.2	7:23	5:16	
17	Fri	1:38	5.5	12:41	6.1	6:54	2.3	7:27	-0.7	7:23	5:17	
18	Sat	2:20	5.6	1:42	5.4	8:01	2.0	8:14	0.0	7:22	5:18	
19	Sun	3:04	5.8	2:55	4.7	9:16	1.7	9:03	0.8	7:22	5:19	
20	Mon	3:50	6.0	4:23	4.1	10:34	1.3	9:57	1.6	7:21	5:20	
21	Tue	4:39	6.1	6:04	4.0	11:49	0.8	10:59	2.3	7:21	5:21	
22	Wed	5:29	6.2	7:36	4.2			12:55	0.3	7:20	5:22	
23	Thu	6:19	6.3	8:45	4.5	12:06	2.8	1:51	-0.1	7:20	5:23	
24	Fri	7:08	6.3	9:38	4.8	1:10	3.0	2:39	-0.4	7:19	5:24	
25	Sat	7:54	6.3	10:22	4.9	2:07	3.2	3:21	-0.5	7:18	5:25	
26	Sun	8:37	6.3	11:01	5.0	2:57	3.1	3:58	-0.6	7:18	5:26	
27	Mon	9:18	6.2	11:34	5.0	3:40	3.1	4:33	-0.6	7:17	5:28	
28	Tue	9:56	6.2			4:20	3.0	5:05	-0.5	7:16	5:29	
29	Wed	12:04	4.9	10:32 AM	6.0	4:57	2.8	5:35	-0.4	7:15	5:30	
30	Thu	12:32	4.9	11:08 AM	5.8	5:33	2.7	6:04	-0.2	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	12:58	4.9	11:45 AM	5.5	6:11	2.5	6:33	0.1	7:14	5:32	○