

## Ocean Beach, outer coast, CA - Mar 2009

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sun | 4:36  | 5.7 | 8:09  | 4.2 |       |      | 12:27 | 0.0  | 6:40                                                                                | 6:03 |    |
| 2    | Mon | 5:48  | 5.9 | 8:46  | 4.5 | 12:03 | 3.5  | 1:26  | -0.5 | 6:38                                                                                | 6:04 |    |
| 3    | Tue | 6:55  | 6.2 | 9:19  | 4.8 | 1:11  | 3.1  | 2:17  | -0.8 | 6:37                                                                                | 6:05 |    |
| 4    | Wed | 7:56  | 6.4 | 9:51  | 5.1 | 2:07  | 2.6  | 3:01  | -1.1 | 6:36                                                                                | 6:06 |    |
| 5    | Thu | 8:52  | 6.5 | 10:23 | 5.4 | 2:58  | 2.0  | 3:43  | -1.1 | 6:34                                                                                | 6:07 |    |
| 6    | Fri | 9:47  | 6.5 | 10:56 | 5.7 | 3:48  | 1.4  | 4:23  | -0.8 | 6:33                                                                                | 6:08 |    |
| 7    | Sat | 10:42 | 6.2 | 11:29 | 6.0 | 4:38  | 0.8  | 5:01  | -0.4 | 6:31                                                                                | 6:09 |    |
| 8    | Sun |       |     | 12:37 | 5.8 | 6:29  | 0.3  | 6:40  | 0.3  | 7:30                                                                                | 7:10 |    |
| 9    | Mon | 1:03  | 6.2 | 1:36  | 5.2 | 7:21  | 0.0  | 7:19  | 1.0  | 7:28                                                                                | 7:11 |    |
| 10   | Tue | 1:39  | 6.3 | 2:41  | 4.7 | 8:16  | -0.1 | 8:01  | 1.8  | 7:27                                                                                | 7:12 |    |
| 11   | Wed | 2:19  | 6.2 | 3:57  | 4.3 | 9:16  | -0.1 | 8:49  | 2.5  | 7:25                                                                                | 7:13 |    |
| 12   | Thu | 3:04  | 6.0 | 5:32  | 4.1 | 10:23 | 0.0  | 9:54  | 3.1  | 7:24                                                                                | 7:14 |   |
| 13   | Fri | 3:58  | 5.7 | 7:12  | 4.2 | 11:38 | 0.1  | 11:26 | 3.4  | 7:22                                                                                | 7:15 |  |
| 14   | Sat | 5:04  | 5.5 | 8:23  | 4.5 |       |      | 12:53 | 0.1  | 7:21                                                                                | 7:16 |  |
| 15   | Sun | 6:18  | 5.3 | 9:12  | 4.7 | 12:58 | 3.3  | 1:58  | 0.1  | 7:19                                                                                | 7:17 |  |
| 16   | Mon | 7:27  | 5.3 | 9:50  | 4.8 | 2:06  | 3.0  | 2:50  | 0.0  | 7:18                                                                                | 7:18 |  |
| 17   | Tue | 8:25  | 5.3 | 10:21 | 4.9 | 2:58  | 2.6  | 3:32  | 0.0  | 7:16                                                                                | 7:19 |  |
| 18   | Wed | 9:15  | 5.4 | 10:47 | 4.9 | 3:40  | 2.2  | 4:06  | 0.0  | 7:15                                                                                | 7:20 |  |
| 19   | Thu | 9:58  | 5.3 | 11:09 | 5.0 | 4:18  | 1.9  | 4:36  | 0.1  | 7:13                                                                                | 7:21 |  |
| 20   | Fri | 10:39 | 5.2 | 11:29 | 5.1 | 4:52  | 1.5  | 5:03  | 0.4  | 7:12                                                                                | 7:22 |  |
| 21   | Sat | 11:19 | 5.1 | 11:49 | 5.3 | 5:24  | 1.2  | 5:29  | 0.7  | 7:10                                                                                | 7:23 |  |
| 22   | Sun | 11:59 | 4.9 |       |     | 5:56  | 0.9  | 5:54  | 1.0  | 7:09                                                                                | 7:24 |  |
| 23   | Mon | 12:09 | 5.4 | 12:41 | 4.7 | 6:28  | 0.6  | 6:20  | 1.5  | 7:07                                                                                | 7:25 |  |
| 24   | Tue | 12:32 | 5.6 | 1:27  | 4.4 | 7:02  | 0.4  | 6:47  | 1.9  | 7:06                                                                                | 7:25 |  |
| 25   | Wed | 12:57 | 5.6 | 2:19  | 4.2 | 7:40  | 0.3  | 7:17  | 2.4  | 7:04                                                                                | 7:26 |  |
| 26   | Thu | 1:26  | 5.6 | 3:23  | 4.0 | 8:24  | 0.2  | 7:51  | 2.8  | 7:03                                                                                | 7:27 |  |
| 27   | Fri | 2:02  | 5.6 | 4:47  | 3.8 | 9:18  | 0.1  | 8:36  | 3.2  | 7:01                                                                                | 7:28 |  |
| 28   | Sat | 2:49  | 5.5 | 6:26  | 3.9 | 10:23 | 0.1  | 9:50  | 3.5  | 7:00                                                                                | 7:29 |  |
| 29   | Sun | 3:52  | 5.4 | 7:39  | 4.1 | 11:39 | 0.0  | 11:35 | 3.5  | 6:58                                                                                | 7:30 |  |
| 30   | Mon | 5:09  | 5.4 | 8:25  | 4.4 |       |      | 12:50 | -0.3 | 6:57                                                                                | 7:31 |  |
| 31   | Tue | 6:29  | 5.4 | 9:01  | 4.7 | 1:01  | 3.1  | 1:51  | -0.5 | 6:55                                                                                | 7:32 |  |