

Ocean Beach, outer coast, CA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:04	4.8	4:54	-1.1	4:23	3.3	5:52	8:36	
2	Thu			12:49	4.9	5:36	-1.1	5:13	3.3	5:52	8:35	
3	Fri			1:30	4.9	6:17	-1.0	6:01	3.2	5:53	8:35	
4	Sat			2:07	4.9	6:55	-0.9	6:48	3.2	5:53	8:35	
5	Sun	12:20	6.0	2:42	4.9	7:32	-0.6	7:36	3.1	5:54	8:35	
6	Mon	1:02	5.6	3:15	4.9	8:08	-0.3	8:28	2.9	5:55	8:35	
7	Tue	1:44	5.1	3:46	5.0	8:43	0.1	9:26	2.7	5:55	8:34	
8	Wed	2:32	4.6	4:17	5.1	9:18	0.6	10:30	2.5	5:56	8:34	
9	Thu	3:30	4.1	4:50	5.3	9:55	1.2	11:36	2.1	5:56	8:34	
10	Fri	4:46	3.7	5:25	5.5	10:36	1.8			5:57	8:33	
11	Sat	6:25	3.5	6:02	5.7	12:38	1.6	11:23 AM	2.4	5:58	8:33	
12	Sun	8:08	3.6	6:44	5.9	1:33	1.1	12:19	2.8	5:58	8:33	
13	Mon	9:27	3.9	7:28	6.1	2:22	0.6	1:18	3.2	5:59	8:32	
14	Tue	10:23	4.2	8:14	6.4	3:06	0.0	2:14	3.4	6:00	8:32	
15	Wed	11:07	4.5	9:01	6.6	3:49	-0.4	3:06	3.4	6:00	8:31	
16	Thu	11:47	4.7	9:49	6.8	4:31	-0.9	3:56	3.4	6:01	8:31	
17	Fri			12:24	4.9	5:13	-1.2	4:44	3.2	6:02	8:30	
18	Sat			1:01	5.0	5:55	-1.3	5:34	3.0	6:03	8:29	
19	Sun			1:37	5.2	6:36	-1.3	6:27	2.7	6:03	8:29	
20	Mon	12:18	6.6	2:14	5.4	7:17	-1.1	7:24	2.4	6:04	8:28	
21	Tue	1:11	6.2	2:51	5.6	7:58	-0.7	8:26	2.0	6:05	8:27	
22	Wed	2:10	5.6	3:30	5.9	8:40	0.0	9:35	1.6	6:06	8:27	
23	Thu	3:18	4.9	4:12	6.1	9:24	0.8	10:49	1.2	6:07	8:26	
24	Fri	4:40	4.3	4:58	6.3	10:13	1.6			6:07	8:25	
25	Sat	6:20	4.0	5:47	6.5	12:04	0.7	11:11 AM	2.3	6:08	8:24	
26	Sun	8:01	4.1	6:41	6.6	1:14	0.3	12:18	2.9	6:09	8:24	
27	Mon	9:20	4.4	7:36	6.6	2:16	-0.1	1:29	3.2	6:10	8:23	
28	Tue	10:18	4.7	8:29	6.6	3:11	-0.4	2:34	3.3	6:11	8:22	
29	Wed	11:05	4.9	9:19	6.6	3:59	-0.6	3:31	3.3	6:11	8:21	
30	Thu	11:45	5.0	10:05	6.5	4:42	-0.7	4:20	3.2	6:12	8:20	
31	Fri			12:21	5.0	5:20	-0.6	5:05	3.0	6:13	8:19	