

Ocean Beach, outer coast, CA - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:53	5.0	5:55	-0.5	5:46	2.8	6:14	8:18	
2	Sun			1:21	5.1	6:28	-0.4	6:26	2.7	6:15	8:17	
3	Mon	12:05	5.9	1:47	5.1	6:58	-0.1	7:07	2.5	6:16	8:16	
4	Tue	12:44	5.5	2:12	5.2	7:27	0.3	7:49	2.3	6:16	8:15	
5	Wed	1:25	5.1	2:37	5.3	7:56	0.7	8:36	2.2	6:17	8:14	
6	Thu	2:11	4.6	3:04	5.4	8:26	1.3	9:28	2.0	6:18	8:13	
7	Fri	3:07	4.2	3:36	5.5	8:57	1.9	10:28	1.7	6:19	8:12	
8	Sat	4:24	3.8	4:14	5.6	9:34	2.5	11:35	1.4	6:20	8:11	
9	Sun	6:12	3.6	5:00	5.7	10:24	3.0			6:21	8:09	
10	Mon	8:06	3.8	5:53	5.9	12:41	1.1	11:35 AM	3.4	6:22	8:08	
11	Tue	9:15	4.2	6:52	6.1	1:42	0.6	12:53	3.6	6:22	8:07	
12	Wed	10:00	4.5	7:49	6.4	2:35	0.1	1:59	3.5	6:23	8:06	
13	Thu	10:36	4.7	8:44	6.7	3:23	-0.4	2:54	3.3	6:24	8:05	
14	Fri	11:10	4.9	9:37	6.9	4:07	-0.8	3:43	3.0	6:25	8:03	
15	Sat	11:43	5.1	10:29	7.0	4:48	-1.0	4:33	2.6	6:26	8:02	
16	Sun			12:16	5.4	5:29	-1.0	5:23	2.1	6:27	8:01	
17	Mon			12:49	5.6	6:08	-0.8	6:15	1.7	6:28	8:00	
18	Tue	12:14	6.5	1:24	5.9	6:47	-0.4	7:09	1.3	6:28	7:58	
19	Wed	1:11	6.0	2:00	6.2	7:26	0.3	8:08	0.9	6:29	7:57	
20	Thu	2:12	5.3	2:39	6.3	8:07	1.0	9:11	0.7	6:30	7:56	
21	Fri	3:24	4.7	3:22	6.4	8:52	1.8	10:21	0.5	6:31	7:54	
22	Sat	4:52	4.3	4:12	6.4	9:45	2.6	11:36	0.4	6:32	7:53	
23	Sun	6:35	4.2	5:11	6.3	10:56	3.2			6:33	7:52	
24	Mon	8:06	4.5	6:16	6.2	12:51	0.2	12:22	3.4	6:34	7:50	
25	Tue	9:09	4.8	7:21	6.2	1:58	0.0	1:39	3.4	6:34	7:49	
26	Wed	9:57	5.0	8:19	6.2	2:54	-0.1	2:41	3.2	6:35	7:47	
27	Thu	10:35	5.1	9:11	6.2	3:40	-0.2	3:31	2.9	6:36	7:46	
28	Fri	11:09	5.1	9:56	6.1	4:20	-0.2	4:13	2.6	6:37	7:44	
29	Sat	11:38	5.2	10:37	6.0	4:54	-0.1	4:52	2.4	6:38	7:43	
30	Sun			12:03	5.2	5:24	0.1	5:28	2.1	6:39	7:41	
31	Mon			12:25	5.2	5:52	0.3	6:03	1.9	6:40	7:40	