

Ocean Beach, outer coast, CA - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:33	4.9	12:09	5.8	6:03	2.0	6:45	0.6	7:06	6:52	
2	Fri	1:19	4.7	12:34	5.8	6:30	2.4	7:22	0.5	7:07	6:51	
3	Sat	2:10	4.4	1:03	5.8	7:01	2.8	8:04	0.4	7:08	6:49	
4	Sun	3:12	4.3	1:39	5.7	7:35	3.2	8:54	0.4	7:08	6:48	
5	Mon	4:30	4.1	2:25	5.6	8:20	3.5	9:56	0.4	7:09	6:46	
6	Tue	6:00	4.2	3:26	5.5	9:33	3.8	11:09	0.4	7:10	6:45	
7	Wed	7:11	4.4	4:41	5.4	11:16	3.7			7:11	6:43	
8	Thu	7:57	4.6	6:00	5.5	12:20	0.2	12:41	3.4	7:12	6:42	
9	Fri	8:31	4.9	7:13	5.6	1:20	0.0	1:42	2.8	7:13	6:40	
10	Sat	9:03	5.2	8:19	5.7	2:11	-0.1	2:35	2.0	7:14	6:39	
11	Sun	9:34	5.6	9:21	5.8	2:55	0.0	3:23	1.2	7:15	6:37	
12	Mon	10:05	6.0	10:21	5.8	3:37	0.2	4:11	0.4	7:16	6:36	
13	Tue	10:37	6.4	11:20	5.7	4:17	0.7	4:58	-0.2	7:17	6:35	
14	Wed	11:11	6.7			4:58	1.2	5:47	-0.7	7:18	6:33	
15	Thu	12:20	5.5	11:47 AM	6.8	5:39	1.8	6:36	-0.9	7:19	6:32	
16	Fri	1:22	5.2	12:27	6.8	6:23	2.4	7:27	-0.9	7:20	6:30	
17	Sat	2:26	5.0	1:10	6.6	7:11	2.9	8:22	-0.7	7:20	6:29	
18	Sun	3:37	4.8	1:59	6.2	8:09	3.3	9:23	-0.4	7:21	6:28	
19	Mon	4:54	4.7	2:57	5.8	9:25	3.5	10:30	-0.1	7:22	6:26	
20	Tue	6:08	4.8	4:06	5.3	10:59	3.5	11:40	0.2	7:23	6:25	
21	Wed	7:10	4.9	5:23	5.0			12:23	3.2	7:24	6:24	
22	Thu	7:57	5.1	6:38	4.9	12:44	0.3	1:28	2.7	7:25	6:22	
23	Fri	8:33	5.2	7:45	4.8	1:37	0.5	2:20	2.2	7:26	6:21	
24	Sat	9:03	5.3	8:42	4.8	2:20	0.7	3:04	1.7	7:27	6:20	
25	Sun	9:27	5.5	9:34	4.8	2:57	0.9	3:42	1.3	7:28	6:19	
26	Mon	9:49	5.6	10:22	4.8	3:29	1.3	4:16	0.8	7:29	6:17	
27	Tue	10:10	5.8	11:08	4.7	3:59	1.6	4:48	0.5	7:30	6:16	
28	Wed	10:32	5.9	11:53	4.7	4:28	2.0	5:19	0.2	7:31	6:15	
29	Thu	10:55	6.0			4:57	2.4	5:50	-0.1	7:32	6:14	
30	Fri	12:40	4.7	11:22 AM	6.0	5:27	2.8	6:23	-0.2	7:33	6:13	
31	Sat	1:28	4.6	11:52 AM	6.0	6:00	3.1	7:00	-0.3	7:34	6:12	