

Pinole Point, CA - Dec 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:30	5.1	4:57	4.4			12:20	3.2	7:06	4:50	
2	Tue	7:07	5.3	6:27	4.1	12:00	1.0	1:23	2.6	7:07	4:50	
3	Wed	7:41	5.6	7:52	4.1	12:45	1.3	2:16	1.9	7:08	4:50	
4	Thu	8:13	5.9	9:05	4.3	1:30	1.7	3:04	1.1	7:09	4:49	
5	Fri	8:45	6.3	10:07	4.5	2:17	2.1	3:47	0.3	7:10	4:49	
6	Sat	9:18	6.6	11:01	4.8	3:04	2.4	4:29	-0.5	7:11	4:49	
7	Sun	9:54	7.0	11:54	5.0	3:51	2.7	5:12	-1.1	7:12	4:49	
8	Mon	10:33	7.2			4:36	2.9	5:56	-1.6	7:13	4:49	
9	Tue	12:46	5.2	11:15 AM	7.4	5:23	3.1	6:43	-1.9	7:14	4:49	
10	Wed	1:38	5.3	12:00	7.4	6:11	3.2	7:30	-1.9	7:14	4:50	
11	Thu	2:28	5.3	12:51	7.2	7:04	3.2	8:19	-1.7	7:15	4:50	
12	Fri	3:18	5.4	1:45	6.8	8:03	3.2	9:08	-1.3	7:16	4:50	
13	Sat	4:09	5.5	2:44	6.2	9:11	3.1	9:59	-0.8	7:17	4:50	
14	Sun	5:00	5.6	3:53	5.5	10:31	2.9	10:52	-0.1	7:17	4:50	
15	Mon	5:49	5.8	5:16	4.9	11:53	2.4	11:45	0.6	7:18	4:51	
16	Tue	6:36	6.1	6:45	4.4			1:07	1.7	7:19	4:51	
17	Wed	7:21	6.4	8:11	4.2	12:38	1.3	2:13	1.0	7:19	4:51	
18	Thu	8:05	6.6	9:28	4.3	1:31	1.9	3:10	0.3	7:20	4:52	
19	Fri	8:48	6.7	10:32	4.5	2:25	2.5	4:01	-0.3	7:20	4:52	
20	Sat	9:29	6.8	11:25	4.7	3:19	2.8	4:46	-0.7	7:21	4:53	
21	Sun	10:08	6.8			4:09	3.0	5:27	-0.9	7:21	4:53	
22	Mon	12:13	4.8	10:45 AM	6.7	4:55	3.2	6:07	-1.0	7:22	4:54	
23	Tue	12:57	5.0	11:22 AM	6.7	5:38	3.3	6:45	-1.0	7:22	4:54	
24	Wed	1:38	5.0	11:58 AM	6.5	6:20	3.3	7:22	-0.9	7:23	4:55	
25	Thu	2:17	5.1	12:34	6.3	7:01	3.4	7:58	-0.7	7:23	4:55	
26	Fri	2:56	5.1	1:11	6.1	7:43	3.4	8:32	-0.5	7:24	4:56	
27	Sat	3:34	5.1	1:48	5.7	8:27	3.4	9:06	-0.1	7:24	4:56	
28	Sun	4:11	5.2	2:30	5.3	9:18	3.3	9:40	0.3	7:24	4:57	
29	Mon	4:46	5.3	3:18	4.9	10:19	3.1	10:14	0.8	7:25	4:58	
30	Tue	5:20	5.4	4:19	4.4	11:26	2.8	10:50	1.3	7:25	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	5:52	5.6	5:46	4.0			12:30	2.2	7:25	4:59	