

Pinole Point, CA - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:47	5.8	12:42	5.9	6:45	1.3	7:02	0.5	6:40	6:03	
2	Tue	1:18	5.9	1:22	5.7	7:22	1.2	7:32	0.8	6:38	6:04	
3	Wed	1:48	5.9	2:02	5.4	7:59	1.1	8:01	1.2	6:37	6:05	
4	Thu	2:15	5.8	2:43	5.1	8:37	1.1	8:30	1.7	6:36	6:06	
5	Fri	2:43	5.7	3:28	4.7	9:18	1.1	8:59	2.1	6:34	6:07	
6	Sat	3:12	5.6	4:23	4.4	10:06	1.1	9:32	2.5	6:33	6:08	
7	Sun	3:48	5.5	5:31	4.1	11:03	1.1	10:17	2.8	6:31	6:09	
8	Mon	4:33	5.4	6:48	4.1			12:07	1.0	6:30	6:10	
9	Tue	5:33	5.4	8:00	4.2			1:11	0.9	6:28	6:11	
10	Wed	6:43	5.4	8:58	4.5	12:45	3.1	2:11	0.6	6:27	6:12	
11	Thu	7:56	5.6	9:44	4.9	2:01	2.9	3:05	0.3	6:25	6:13	
12	Fri	9:01	5.9	10:23	5.4	3:06	2.5	3:53	0.0	6:24	6:13	
13	Sat	9:58	6.2	11:00	5.8	4:01	1.9	4:38	-0.2	6:22	6:14	
14	Sun	10:51	6.4	11:37	6.2	4:51	1.3	5:20	-0.2	6:21	6:15	
15	Mon	11:44	6.5			5:39	0.6	6:01	0.0	6:19	6:16	
16	Tue	12:14	6.5	12:37	6.4	6:27	0.0	6:43	0.3	6:18	6:17	
17	Wed	12:53	6.8	1:31	6.2	7:16	-0.4	7:25	0.7	6:16	6:18	
18	Thu	1:33	6.9	2:27	5.8	8:07	-0.6	8:08	1.2	6:15	6:19	
19	Fri	2:15	6.8	3:25	5.4	9:00	-0.6	8:54	1.7	6:13	6:20	
20	Sat	3:01	6.6	4:30	5.0	9:59	-0.4	9:48	2.2	6:12	6:21	
21	Sun	3:54	6.3	5:42	4.7	11:05	-0.1	10:56	2.6	6:10	6:22	
22	Mon	4:57	5.9	6:55	4.6			12:13	0.1	6:08	6:23	
23	Tue	6:10	5.6	8:05	4.7	12:15	2.7	1:20	0.2	6:07	6:24	
24	Wed	7:25	5.4	9:02	5.0	1:32	2.6	2:22	0.3	6:05	6:25	
25	Thu	8:34	5.4	9:48	5.2	2:42	2.3	3:17	0.4	6:04	6:26	
26	Fri	9:33	5.5	10:26	5.5	3:39	1.9	4:04	0.4	6:02	6:27	
27	Sat	10:23	5.5	11:00	5.7	4:27	1.5	4:44	0.5	6:01	6:28	
28	Sun	11:08	5.6	11:32	5.8	5:09	1.1	5:21	0.7	5:59	6:28	
29	Mon	11:51	5.5			5:47	0.7	5:55	0.9	5:58	6:29	
30	Tue	12:03	5.9	12:32	5.5	6:23	0.5	6:28	1.2	5:56	6:30	
31	Wed	12:32	5.9	1:13	5.3	6:59	0.3	6:59	1.4	5:55	6:31	