

Pinole Point, CA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:02	5.0	5:29	6.5	10:55	1.3			6:12	8:18	
2	Mon	6:19	4.6	6:21	6.5	12:19	0.9	11:47 AM	1.9	6:13	8:17	
3	Tue	7:43	4.4	7:19	6.6	1:29	0.6	12:49	2.3	6:14	8:16	
4	Wed	9:05	4.4	8:22	6.7	2:37	0.2	1:59	2.7	6:15	8:15	
5	Thu	10:16	4.6	9:25	6.8	3:42	-0.1	3:11	2.8	6:16	8:14	
6	Fri	11:14	5.0	10:24	6.9	4:39	-0.4	4:19	2.7	6:17	8:13	
7	Sat			12:02	5.3	5:30	-0.6	5:19	2.5	6:17	8:12	
8	Sun			12:46	5.5	6:16	-0.7	6:11	2.3	6:18	8:11	
9	Mon	12:06	6.9	1:26	5.7	6:58	-0.6	7:00	2.0	6:19	8:09	
10	Tue	12:52	6.7	2:05	5.9	7:38	-0.4	7:46	1.9	6:20	8:08	
11	Wed	1:38	6.4	2:41	6.0	8:14	-0.1	8:30	1.7	6:21	8:07	
12	Thu	2:22	6.1	3:16	6.0	8:49	0.3	9:13	1.7	6:22	8:06	
13	Fri	3:05	5.7	3:49	5.9	9:22	0.8	9:57	1.7	6:23	8:05	
14	Sat	3:50	5.2	4:22	5.8	9:55	1.3	10:45	1.7	6:24	8:03	
15	Sun	4:39	4.8	4:57	5.7	10:28	1.8	11:40	1.6	6:24	8:02	
16	Mon	5:38	4.4	5:36	5.7	11:05	2.3			6:25	8:01	
17	Tue	6:50	4.2	6:22	5.6	12:41	1.5	11:53 AM	2.7	6:26	8:00	
18	Wed	8:07	4.1	7:17	5.6	1:43	1.4	12:53	3.0	6:27	7:58	
19	Thu	9:20	4.2	8:16	5.7	2:44	1.1	2:02	3.1	6:28	7:57	
20	Fri	10:18	4.5	9:14	5.9	3:40	0.8	3:10	3.1	6:29	7:56	
21	Sat	11:04	4.8	10:08	6.2	4:29	0.4	4:10	2.9	6:30	7:54	
22	Sun	11:44	5.2	10:57	6.4	5:12	0.1	5:02	2.6	6:31	7:53	
23	Mon			12:20	5.5	5:52	-0.2	5:49	2.2	6:31	7:51	
24	Tue			12:55	5.8	6:31	-0.3	6:34	1.8	6:32	7:50	
25	Wed	12:30	6.7	1:30	6.1	7:09	-0.2	7:20	1.3	6:33	7:49	
26	Thu	1:18	6.6	2:06	6.4	7:46	0.0	8:07	0.9	6:34	7:47	
27	Fri	2:09	6.4	2:43	6.6	8:25	0.3	8:56	0.6	6:35	7:46	
28	Sat	3:02	6.1	3:21	6.7	9:04	0.8	9:49	0.4	6:36	7:44	
29	Sun	4:00	5.6	4:03	6.7	9:46	1.4	10:48	0.4	6:37	7:43	
30	Mon	5:04	5.2	4:51	6.6	10:33	1.9	11:55	0.3	6:37	7:41	
31	Tue	6:18	4.8	5:49	6.5	11:31	2.4			6:38	7:40	