

Pinole Point, CA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:20	5.6	4:52	4.4	11:40	2.3	11:08	1.3	7:25	5:00	
2	Mon	6:03	5.8	6:21	4.2			12:46	1.8	7:25	5:01	
3	Tue	6:48	6.1	7:51	4.2	12:02	1.7	1:49	1.1	7:25	5:02	
4	Wed	7:38	6.5	9:07	4.5	1:01	2.1	2:48	0.4	7:25	5:03	
5	Thu	8:30	6.8	10:10	4.9	2:05	2.3	3:42	-0.3	7:25	5:04	
6	Fri	9:21	7.2	11:05	5.2	3:09	2.4	4:33	-1.0	7:25	5:04	
7	Sat	10:12	7.4	11:56	5.6	4:09	2.4	5:21	-1.5	7:25	5:05	
8	Sun	11:02	7.6			5:05	2.4	6:09	-1.7	7:25	5:06	
9	Mon	12:46	5.8	11:53 AM	7.5	6:00	2.2	6:56	-1.7	7:25	5:07	
10	Tue	1:33	6.0	12:45	7.3	6:55	2.1	7:42	-1.4	7:25	5:08	
11	Wed	2:20	6.2	1:38	6.8	7:50	2.0	8:27	-1.0	7:25	5:09	
12	Thu	3:06	6.2	2:33	6.2	8:48	2.0	9:12	-0.4	7:25	5:10	
13	Fri	3:52	6.2	3:30	5.6	9:50	1.9	9:58	0.3	7:24	5:11	
14	Sat	4:40	6.2	4:36	4.9	10:58	1.8	10:47	1.0	7:24	5:12	
15	Sun	5:29	6.2	5:50	4.4			12:06	1.6	7:24	5:13	
16	Mon	6:19	6.1	7:08	4.2			1:12	1.3	7:23	5:14	
17	Tue	7:10	6.1	8:26	4.1	12:34	2.1	2:14	1.0	7:23	5:15	
18	Wed	8:00	6.2	9:32	4.3	1:32	2.5	3:09	0.6	7:23	5:16	
19	Thu	8:48	6.3	10:25	4.5	2:31	2.7	3:57	0.3	7:22	5:17	
20	Fri	9:32	6.4	11:09	4.8	3:26	2.8	4:39	0.0	7:22	5:19	
21	Sat	10:13	6.4	11:49	5.0	4:15	2.8	5:18	-0.2	7:21	5:20	
22	Sun	10:52	6.5			4:59	2.7	5:54	-0.4	7:21	5:21	
23	Mon	12:27	5.2	11:29 AM	6.5	5:40	2.6	6:29	-0.4	7:20	5:22	
24	Tue	1:03	5.4	12:05	6.4	6:20	2.6	7:02	-0.4	7:19	5:23	
25	Wed	1:38	5.5	12:41	6.3	6:59	2.5	7:34	-0.3	7:19	5:24	
26	Thu	2:11	5.6	1:18	6.0	7:38	2.4	8:05	0.0	7:18	5:25	
27	Fri	2:43	5.7	1:57	5.7	8:18	2.3	8:35	0.3	7:17	5:26	
28	Sat	3:14	5.7	2:41	5.4	9:03	2.2	9:08	0.7	7:17	5:27	
29	Sun	3:47	5.8	3:32	4.9	9:56	2.0	9:44	1.2	7:16	5:29	
30	Mon	4:24	5.9	4:39	4.5	10:59	1.7	10:28	1.7	7:15	5:30	
31	Tue	5:08	6.0	6:05	4.3			12:07	1.3	7:14	5:31	