

Pinole Point, CA - Sep 1989

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|----------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 1:33 | 6.1 | 2:17 | 5.9 | 7:58 | 0.5 | 8:18 | 1.5 | 6:39 | 7:39 | ● |
| 2 | Sat | 2:15 | 5.8 | 2:44 | 5.9 | 8:27 | 1.0 | 8:55 | 1.3 | 6:40 | 7:37 | ● |
| 3 | Sun | 2:57 | 5.4 | 3:09 | 5.9 | 8:55 | 1.5 | 9:33 | 1.2 | 6:41 | 7:36 | ● |
| 4 | Mon | 3:41 | 5.0 | 3:33 | 5.8 | 9:21 | 2.0 | 10:15 | 1.2 | 6:42 | 7:34 | ◐ |
| 5 | Tue | 4:30 | 4.7 | 3:59 | 5.7 | 9:46 | 2.5 | 11:04 | 1.2 | 6:42 | 7:33 | ◑ |
| 6 | Wed | 5:31 | 4.3 | 4:31 | 5.6 | 10:14 | 2.9 | | | 6:43 | 7:31 | ◒ |
| 7 | Thu | 6:50 | 4.1 | 5:14 | 5.6 | 12:04 | 1.2 | 10:51 AM | 3.3 | 6:44 | 7:30 | ◑ |
| 8 | Fri | 8:16 | 4.1 | 6:14 | 5.5 | 1:12 | 1.1 | 11:57 AM | 3.6 | 6:45 | 7:28 | ◒ |
| 9 | Sat | 9:32 | 4.3 | 7:27 | 5.6 | 2:18 | 0.9 | 1:35 | 3.7 | 6:46 | 7:26 | ◑ |
| 10 | Sun | 10:24 | 4.6 | 8:43 | 5.8 | 3:19 | 0.5 | 2:59 | 3.6 | 6:47 | 7:25 | ◒ |
| 11 | Mon | 11:03 | 4.9 | 9:49 | 6.1 | 4:12 | 0.2 | 4:04 | 3.2 | 6:48 | 7:23 | ◑ |
| 12 | Tue | 11:36 | 5.3 | 10:47 | 6.4 | 4:57 | -0.1 | 4:58 | 2.6 | 6:48 | 7:22 | ○ |
| 13 | Wed | | | 12:07 | 5.7 | 5:38 | -0.2 | 5:46 | 1.9 | 6:49 | 7:20 | ○ |
| 14 | Thu | | | 12:38 | 6.1 | 6:17 | -0.2 | 6:32 | 1.2 | 6:50 | 7:19 | ○ |
| 15 | Fri | 12:32 | 6.6 | 1:10 | 6.5 | 6:55 | 0.1 | 7:19 | 0.5 | 6:51 | 7:17 | ○ |
| 16 | Sat | 1:26 | 6.5 | 1:43 | 6.8 | 7:33 | 0.5 | 8:07 | -0.1 | 6:52 | 7:16 | ○ |
| 17 | Sun | 2:21 | 6.2 | 2:18 | 7.0 | 8:11 | 1.1 | 8:57 | -0.4 | 6:53 | 7:14 | ○ |
| 18 | Mon | 3:19 | 5.8 | 2:56 | 7.0 | 8:50 | 1.7 | 9:50 | -0.5 | 6:54 | 7:12 | ◐ |
| 19 | Tue | 4:21 | 5.3 | 3:38 | 6.9 | 9:31 | 2.3 | 10:50 | -0.4 | 6:54 | 7:11 | ◑ |
| 20 | Wed | 5:31 | 4.9 | 4:26 | 6.6 | 10:18 | 2.9 | 11:57 | -0.2 | 6:55 | 7:09 | ○ |
| 21 | Thu | 6:50 | 4.6 | 5:26 | 6.3 | 11:23 | 3.3 | | | 6:56 | 7:08 | ◐ |
| 22 | Fri | 8:12 | 4.6 | 6:43 | 6.0 | 1:10 | -0.1 | 12:52 | 3.5 | 6:57 | 7:06 | ◑ |
| 23 | Sat | 9:25 | 4.8 | 8:04 | 5.8 | 2:20 | 0.1 | 2:20 | 3.4 | 6:58 | 7:05 | ◒ |
| 24 | Sun | 10:19 | 5.0 | 9:19 | 5.8 | 3:23 | 0.1 | 3:34 | 3.0 | 6:59 | 7:03 | ◑ |
| 25 | Mon | 10:59 | 5.3 | 10:21 | 5.8 | 4:18 | 0.2 | 4:34 | 2.5 | 7:00 | 7:01 | ◒ |
| 26 | Tue | 11:33 | 5.6 | 11:13 | 5.8 | 5:03 | 0.3 | 5:22 | 2.0 | 7:00 | 7:00 | ◑ |
| 27 | Wed | | | 12:03 | 5.8 | 5:42 | 0.4 | 6:04 | 1.5 | 7:01 | 6:58 | ◒ |
| 28 | Thu | | | 12:31 | 6.0 | 6:17 | 0.7 | 6:42 | 1.1 | 7:02 | 6:57 | ◑ |
| 29 | Fri | 12:43 | 5.7 | 12:58 | 6.1 | 6:49 | 1.0 | 7:18 | 0.8 | 7:03 | 6:55 | ◒ |
| 30 | Sat | 1:25 | 5.6 | 1:24 | 6.1 | 7:19 | 1.4 | 7:53 | 0.5 | 7:04 | 6:54 | ● |