































Pinole Point, CA - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:43	6.7	3:52	4.9	9:33	0.1	9:07	2.1	6:40	6:02	
2	Fri	3:24	6.6	5:07	4.5	10:37	0.0	9:53	2.7	6:39	6:03	
3	Sat	4:14	6.5	6:34	4.2	11:49	0.0	10:58	3.1	6:38	6:04	
4	Sun	5:17	6.3	8:01	4.3			1:02	-0.1	6:36	6:05	
5	Mon	6:34	6.1	9:13	4.6	12:27	3.3	2:13	-0.2	6:35	6:06	
6	Tue	7:54	6.1	10:04	4.9	1:57	3.2	3:15	-0.3	6:33	6:07	
7	Wed	9:04	6.2	10:44	5.2	3:12	2.9	4:07	-0.4	6:32	6:08	
8	Thu	10:03	6.2	11:20	5.6	4:11	2.4	4:52	-0.3	6:30	6:09	
9	Fri	10:54	6.2	11:53	5.8	5:01	1.9	5:31	-0.2	6:29	6:10	
10	Sat	11:41	6.1			5:46	1.4	6:07	0.1	6:27	6:11	
11	Sun	12:24	6.0	12:26	5.9	6:27	1.1	6:40	0.5	6:26	6:12	
12	Mon	12:54	6.1	1:09	5.6	7:06	0.8	7:11	0.9	6:24	6:13	
13	Tue	1:22	6.1	1:53	5.3	7:44	0.6	7:40	1.4	6:23	6:14	
14	Wed	1:48	6.0	2:36	5.0	8:21	0.5	8:08	1.9	6:21	6:15	
15	Thu	2:14	5.9	3:23	4.6	9:00	0.6	8:35	2.4	6:20	6:16	
16	Fri	2:40	5.7	4:18	4.3	9:45	0.7	9:03	2.8	6:18	6:17	
17	Sat	3:12	5.6	5:27	4.0	10:40	0.8	9:38	3.1	6:17	6:18	
18	Sun	3:52	5.4	6:46	3.9	11:44	0.8	10:37	3.4	6:15	6:19	
19	Mon	4:47	5.3	8:02	4.1			12:51	0.8	6:14	6:20	
20	Tue	6:00	5.2	8:59	4.3	12:15	3.5	1:53	0.6	6:12	6:21	
21	Wed	7:20	5.3	9:39	4.7	1:43	3.3	2:47	0.4	6:11	6:22	
22	Thu	8:32	5.5	10:12	5.1	2:50	2.9	3:34	0.2	6:09	6:23	
23	Fri	9:32	5.7	10:43	5.5	3:44	2.3	4:15	0.0	6:08	6:23	
24	Sat	10:25	5.9	11:12	5.9	4:30	1.6	4:54	0.1	6:06	6:24	
25	Sun	11:16	6.0	11:43	6.2	5:15	0.9	5:31	0.3	6:04	6:25	
26	Mon			12:08	6.0	5:59	0.2	6:08	0.6	6:03	6:26	
27	Tue	12:14	6.6	1:02	5.9	6:44	-0.5	6:46	1.1	6:01	6:27	
28	Wed	12:48	6.8	1:57	5.6	7:31	-0.9	7:25	1.6	6:00	6:28	
29	Thu	1:25	6.9	2:54	5.3	8:21	-1.0	8:05	2.1	5:58	6:29	
30	Fri	2:06	6.8	3:58	4.9	9:15	-1.0	8:50	2.6	5:57	6:30	
31	Sat	2:53	6.6	5:09	4.6	10:17	-0.7	9:48	3.0	5:55	6:31	