
































## Pinole Point, CA - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:00	3.8	8:32	6.0	2:55	1.0	1:56	2.4	5:50	8:36	
2	Mon	10:15	3.9	9:15	6.1	3:50	0.6	2:49	2.8	5:50	8:36	
3	Tue	11:15	4.1	9:58	6.2	4:38	0.2	3:44	3.0	5:51	8:35	
4	Wed			12:05	4.3	5:22	-0.2	4:38	3.2	5:51	8:35	
5	Thu			12:49	4.5	6:03	-0.5	5:26	3.2	5:52	8:35	
6	Fri			1:30	4.7	6:42	-0.7	6:11	3.2	5:53	8:35	
7	Sat			2:09	4.9	7:19	-0.9	6:54	3.1	5:53	8:35	
8	Sun	12:34	6.4	2:46	5.1	7:55	-0.9	7:36	3.1	5:54	8:34	
9	Mon	1:11	6.3	3:21	5.2	8:29	-0.9	8:19	3.0	5:54	8:34	
10	Tue	1:51	6.1	3:53	5.4	9:02	-0.7	9:04	2.8	5:55	8:34	
11	Wed	2:34	5.9	4:25	5.5	9:34	-0.4	9:54	2.6	5:56	8:33	
12	Thu	3:21	5.5	4:56	5.7	10:06	0.1	10:50	2.2	5:56	8:33	
13	Fri	4:15	5.0	5:29	5.9	10:41	0.7	11:54	1.8	5:57	8:32	
14	Sat	5:23	4.5	6:06	6.2	11:20	1.3			5:58	8:32	
15	Sun	6:49	4.1	6:49	6.4	1:01	1.2	12:06	1.9	5:58	8:31	
16	Mon	8:23	4.0	7:39	6.6	2:08	0.6	1:01	2.5	5:59	8:31	
17	Tue	9:51	4.1	8:36	6.9	3:13	-0.1	2:06	2.9	6:00	8:30	
18	Wed	11:01	4.4	9:37	7.1	4:14	-0.7	3:19	3.1	6:01	8:30	
19	Thu	11:58	4.8	10:36	7.3	5:11	-1.2	4:31	3.1	6:01	8:29	
20	Fri			12:48	5.1	6:02	-1.5	5:35	3.0	6:02	8:28	
21	Sat			1:34	5.4	6:51	-1.6	6:33	2.8	6:03	8:28	
22	Sun	12:25	7.3	2:17	5.6	7:36	-1.5	7:28	2.5	6:04	8:27	
23	Mon	1:17	7.0	2:57	5.8	8:19	-1.2	8:22	2.3	6:05	8:26	
24	Tue	2:09	6.6	3:36	5.9	8:59	-0.7	9:15	2.1	6:05	8:26	
25	Wed	3:00	6.1	4:13	6.0	9:37	-0.1	10:09	1.9	6:06	8:25	
26	Thu	3:51	5.4	4:50	6.0	10:13	0.6	11:06	1.8	6:07	8:24	
27	Fri	4:47	4.8	5:28	6.0	10:50	1.3			6:08	8:23	
28	Sat	5:53	4.3	6:07	5.9	12:07	1.6	11:28 AM	2.0	6:09	8:22	
29	Sun	7:09	4.0	6:49	5.9	1:09	1.4	12:11	2.5	6:09	8:21	
30	Mon	8:32	3.8	7:36	5.8	2:10	1.1	1:03	3.0	6:10	8:20	
31	Tue	9:53	4.0	8:29	5.9	3:10	0.8	2:05	3.3	6:11	8:19	