





















Pinole Point, CA - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:56	4.2	9:23	6.0	4:05	0.5	3:13	3.4	6:12	8:19	
2	Thu	11:42	4.5	10:14	6.2	4:54	0.2	4:15	3.4	6:13	8:18	
3	Fri			12:21	4.7	5:37	-0.2	5:08	3.2	6:14	8:17	
4	Sat			12:57	5.0	6:16	-0.4	5:54	3.1	6:15	8:15	
5	Sun			1:31	5.2	6:52	-0.6	6:37	2.8	6:15	8:14	
6	Mon	12:21	6.5	2:03	5.5	7:26	-0.6	7:19	2.6	6:16	8:13	
7	Tue	1:03	6.5	2:33	5.7	7:58	-0.4	8:02	2.2	6:17	8:12	
8	Wed	1:46	6.3	3:02	5.9	8:30	-0.2	8:46	1.9	6:18	8:11	
9	Thu	2:32	6.0	3:31	6.1	9:01	0.3	9:32	1.6	6:19	8:10	
10	Fri	3:22	5.6	4:01	6.3	9:33	0.8	10:24	1.2	6:20	8:09	
11	Sat	4:19	5.1	4:35	6.4	10:06	1.5	11:25	0.9	6:21	8:08	
12	Sun	5:28	4.6	5:16	6.5	10:45	2.1			6:21	8:06	
13	Mon	6:54	4.2	6:07	6.6	12:34	0.6	11:34 AM	2.7	6:22	8:05	
14	Tue	8:26	4.2	7:10	6.6	1:45	0.3	12:40	3.1	6:23	8:04	
15	Wed	9:49	4.4	8:20	6.7	2:55	-0.1	2:02	3.4	6:24	8:03	
16	Thu	10:53	4.7	9:31	6.8	4:00	-0.4	3:26	3.3	6:25	8:01	
17	Fri	11:42	5.0	10:35	6.9	4:57	-0.7	4:37	3.0	6:26	8:00	
18	Sat			12:24	5.4	5:46	-0.9	5:37	2.6	6:27	7:59	
19	Sun			1:03	5.7	6:31	-0.9	6:30	2.2	6:28	7:57	
20	Mon	12:23	6.9	1:40	5.9	7:12	-0.6	7:19	1.8	6:28	7:56	
21	Tue	1:13	6.6	2:15	6.1	7:50	-0.3	8:06	1.5	6:29	7:55	
22	Wed	2:01	6.3	2:49	6.2	8:26	0.2	8:52	1.3	6:30	7:53	
23	Thu	2:49	5.8	3:21	6.2	9:00	0.8	9:37	1.2	6:31	7:52	
24	Fri	3:38	5.3	3:52	6.1	9:32	1.4	10:24	1.2	6:32	7:51	
25	Sat	4:29	4.9	4:23	6.0	10:03	2.1	11:16	1.2	6:33	7:49	
26	Sun	5:29	4.4	4:57	5.8	10:36	2.6			6:34	7:48	
27	Mon	6:42	4.1	5:40	5.7	12:15	1.2	11:16 AM	3.1	6:35	7:46	
28	Tue	8:04	4.0	6:36	5.6	1:20	1.2	12:17	3.4	6:35	7:45	
29	Wed	9:24	4.1	7:42	5.6	2:25	1.0	1:38	3.6	6:36	7:43	
30	Thu	10:24	4.4	8:50	5.7	3:25	0.8	2:56	3.5	6:37	7:42	
31	Fri	11:06	4.7	9:49	5.9	4:17	0.5	4:00	3.3	6:38	7:40	