



































## Pinole Point, CA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:01	6.6	9:36	4.2	1:27	2.2	3:13	0.3	7:25	5:00	
2	Mon	8:45	6.7	10:38	4.4	2:23	2.7	4:03	-0.2	7:25	5:01	
3	Tue	9:27	6.7	11:29	4.6	3:18	3.0	4:47	-0.5	7:25	5:02	
4	Wed	10:08	6.7			4:09	3.2	5:28	-0.7	7:25	5:03	
5	Thu	12:14	4.8	10:46 AM	6.7	4:55	3.2	6:07	-0.8	7:25	5:04	
6	Fri	12:55	4.9	11:23 AM	6.6	5:38	3.3	6:44	-0.8	7:25	5:04	
7	Sat	1:34	5.0	11:59 AM	6.5	6:19	3.3	7:20	-0.8	7:25	5:05	
8	Sun	2:11	5.1	12:35	6.3	6:59	3.3	7:54	-0.6	7:25	5:06	
9	Mon	2:47	5.2	1:11	6.1	7:39	3.3	8:27	-0.3	7:25	5:07	
10	Tue	3:22	5.2	1:49	5.8	8:22	3.2	8:58	0.0	7:25	5:08	
11	Wed	3:56	5.3	2:29	5.4	9:10	3.1	9:29	0.4	7:25	5:09	
12	Thu	4:28	5.4	3:17	4.9	10:07	2.9	10:01	0.9	7:24	5:10	
13	Fri	5:00	5.5	4:19	4.4	11:12	2.5	10:37	1.5	7:24	5:11	
14	Sat	5:32	5.6	5:43	4.0			12:17	2.0	7:24	5:12	
15	Sun	6:07	5.9	7:22	3.9			1:19	1.4	7:24	5:13	
16	Mon	6:49	6.1	8:52	4.1	12:09	2.5	2:19	0.7	7:23	5:14	
17	Tue	7:38	6.5	10:02	4.4	1:08	3.0	3:15	-0.1	7:23	5:15	
18	Wed	8:32	6.8	10:58	4.8	2:16	3.2	4:08	-0.8	7:22	5:16	
19	Thu	9:27	7.2	11:49	5.1	3:24	3.3	4:58	-1.4	7:22	5:17	
20	Fri	10:20	7.5			4:25	3.2	5:47	-1.8	7:21	5:19	
21	Sat	12:36	5.4	11:13 AM	7.6	5:22	3.0	6:34	-1.9	7:21	5:20	
22	Sun	1:20	5.6	12:07	7.5	6:18	2.8	7:19	-1.8	7:20	5:21	
23	Mon	2:03	5.9	1:02	7.2	7:14	2.5	8:03	-1.4	7:20	5:22	
24	Tue	2:44	6.0	1:58	6.7	8:12	2.2	8:46	-0.8	7:19	5:23	
25	Wed	3:25	6.2	2:56	6.0	9:12	1.9	9:28	0.0	7:19	5:24	
26	Thu	4:07	6.3	4:01	5.2	10:18	1.7	10:12	0.9	7:18	5:25	
27	Fri	4:50	6.4	5:15	4.6	11:27	1.4	10:58	1.7	7:17	5:26	
28	Sat	5:36	6.3	6:39	4.1			12:36	1.0	7:16	5:27	
29	Sun	6:24	6.3	8:09	4.0			1:42	0.7	7:16	5:29	
30	Mon	7:16	6.3	9:30	4.2	12:47	2.9	2:45	0.4	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Tue	<b>8:10</b>	6.2	<b>10:31</b>	4.4	<b>1:53</b>	3.3	<b>3:40</b>	0.1	7:14	5:31	