



































Pinole Point, CA - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:18	7.3	11:17	5.1	3:07	2.8	4:38	-1.3	7:25	5:00	
2	Wed	10:10	7.5			4:09	2.8	5:27	-1.6	7:25	5:01	
3	Thu	12:07	5.4	11:02 AM	7.5	5:07	2.7	6:13	-1.7	7:25	5:02	
4	Fri	12:54	5.6	11:52 AM	7.3	6:02	2.6	6:58	-1.5	7:25	5:03	
5	Sat	1:38	5.8	12:42	7.0	6:55	2.4	7:41	-1.2	7:25	5:04	
6	Sun	2:21	5.9	1:31	6.5	7:48	2.3	8:21	-0.7	7:25	5:05	
7	Mon	3:02	6.0	2:21	5.9	8:42	2.2	9:01	-0.1	7:25	5:06	
8	Tue	3:43	6.0	3:13	5.3	9:38	2.2	9:39	0.6	7:25	5:07	
9	Wed	4:24	6.0	4:11	4.7	10:40	2.0	10:19	1.2	7:25	5:07	
10	Thu	5:05	5.9	5:21	4.2	11:44	1.8	11:02	1.8	7:25	5:08	
11	Fri	5:48	5.9	6:40	3.9			12:47	1.6	7:25	5:09	
12	Sat	6:33	5.9	8:01	3.8			1:48	1.2	7:24	5:10	
13	Sun	7:21	6.0	9:14	4.0	12:44	2.8	2:44	0.8	7:24	5:11	
14	Mon	8:10	6.1	10:11	4.3	1:44	3.0	3:34	0.4	7:24	5:12	
15	Tue	8:57	6.2	10:56	4.6	2:46	3.1	4:18	0.0	7:23	5:14	
16	Wed	9:41	6.4	11:36	4.8	3:42	3.1	4:58	-0.3	7:23	5:15	
17	Thu	10:22	6.6			4:30	3.0	5:36	-0.6	7:23	5:16	
18	Fri	12:14	5.1	11:02 AM	6.7	5:14	2.9	6:11	-0.7	7:22	5:17	
19	Sat	12:50	5.3	11:41 AM	6.6	5:57	2.7	6:46	-0.7	7:22	5:18	
20	Sun	1:25	5.5	12:21	6.5	6:39	2.6	7:19	-0.6	7:21	5:19	
21	Mon	1:57	5.7	1:04	6.3	7:22	2.3	7:52	-0.3	7:21	5:20	
22	Tue	2:29	5.9	1:50	6.0	8:08	2.1	8:25	0.1	7:20	5:21	
23	Wed	3:01	6.1	2:40	5.5	8:58	1.8	8:59	0.6	7:20	5:22	
24	Thu	3:36	6.2	3:39	5.0	9:55	1.5	9:37	1.2	7:19	5:23	
25	Fri	4:15	6.3	4:54	4.5	11:02	1.2	10:22	1.8	7:18	5:24	
26	Sat	5:01	6.4	6:23	4.2			12:13	0.8	7:18	5:25	
27	Sun	5:56	6.6	7:54	4.2			1:23	0.3	7:17	5:27	
28	Mon	6:58	6.7	9:12	4.4	12:28	2.8	2:31	-0.1	7:16	5:28	
29	Tue	8:05	6.8	10:13	4.8	1:46	3.0	3:31	-0.6	7:15	5:29	
30	Wed	9:08	7.0	11:03	5.2	3:02	3.0	4:25	-0.9	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	10:05	7.1	11:47	5.5	4:07	2.7	5:13	-1.1	7:14	5:31	