




































Pinole Point, CA - Jan 2023

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 12:46 | 5.4 | 11:38 AM | 7.1 | 5:49 | 2.6 | 6:47 | -1.3 | 7:25 | 5:01 |  |
| 2 | Sun | 1:29 | 5.7 | 12:23 | 7.0 | 6:37 | 2.5 | 7:28 | -1.3 | 7:25 | 5:01 |  |
| 3 | Mon | 2:11 | 5.8 | 1:12 | 6.8 | 7:28 | 2.4 | 8:10 | -1.0 | 7:25 | 5:02 |  |
| 4 | Tue | 2:53 | 6.0 | 2:04 | 6.4 | 8:22 | 2.2 | 8:53 | -0.6 | 7:25 | 5:03 |  |
| 5 | Wed | 3:37 | 6.1 | 3:01 | 5.8 | 9:23 | 2.1 | 9:38 | -0.1 | 7:25 | 5:04 |  |
| 6 | Thu | 4:24 | 6.3 | 4:08 | 5.2 | 10:32 | 1.8 | 10:28 | 0.6 | 7:25 | 5:05 |  |
| 7 | Fri | 5:13 | 6.4 | 5:27 | 4.7 | 11:45 | 1.5 | 11:23 | 1.2 | 7:25 | 5:06 |  |
| 8 | Sat | 6:05 | 6.5 | 6:53 | 4.4 | | | 12:56 | 1.0 | 7:25 | 5:07 |  |
| 9 | Sun | 7:00 | 6.6 | 8:16 | 4.4 | 12:22 | 1.8 | 2:04 | 0.5 | 7:25 | 5:08 |  |
| 10 | Mon | 7:55 | 6.7 | 9:29 | 4.5 | 1:25 | 2.2 | 3:05 | 0.0 | 7:25 | 5:09 |  |
| 11 | Tue | 8:49 | 6.8 | 10:28 | 4.8 | 2:31 | 2.5 | 3:59 | -0.4 | 7:25 | 5:10 |  |
| 12 | Wed | 9:40 | 6.9 | 11:19 | 5.1 | 3:32 | 2.6 | 4:47 | -0.7 | 7:24 | 5:11 |  |
| 13 | Thu | 10:26 | 6.9 | | | 4:27 | 2.6 | 5:31 | -0.8 | 7:24 | 5:12 |  |
| 14 | Fri | 12:04 | 5.3 | 11:09 AM | 6.9 | 5:16 | 2.6 | 6:11 | -0.8 | 7:24 | 5:13 |  |
| 15 | Sat | 12:46 | 5.4 | 11:51 AM | 6.7 | 6:02 | 2.5 | 6:49 | -0.7 | 7:23 | 5:14 |  |
| 16 | Sun | 1:25 | 5.5 | 12:31 | 6.5 | 6:46 | 2.5 | 7:25 | -0.5 | 7:23 | 5:15 |  |
| 17 | Mon | 2:02 | 5.6 | 1:10 | 6.2 | 7:28 | 2.4 | 7:59 | -0.2 | 7:23 | 5:16 |  |
| 18 | Tue | 2:37 | 5.6 | 1:49 | 5.8 | 8:10 | 2.4 | 8:32 | 0.2 | 7:22 | 5:17 |  |
| 19 | Wed | 3:12 | 5.6 | 2:28 | 5.4 | 8:54 | 2.4 | 9:03 | 0.6 | 7:22 | 5:18 |  |
| 20 | Thu | 3:46 | 5.6 | 3:12 | 4.9 | 9:42 | 2.3 | 9:36 | 1.1 | 7:21 | 5:19 |  |
| 21 | Fri | 4:21 | 5.6 | 4:04 | 4.5 | 10:39 | 2.2 | 10:11 | 1.6 | 7:21 | 5:20 |  |
| 22 | Sat | 4:59 | 5.6 | 5:13 | 4.1 | 11:41 | 2.0 | 10:52 | 2.0 | 7:20 | 5:21 |  |
| 23 | Sun | 5:40 | 5.7 | 6:38 | 3.9 | | | 12:44 | 1.7 | 7:19 | 5:22 |  |
| 24 | Mon | 6:26 | 5.8 | 8:01 | 4.0 | | | 1:44 | 1.3 | 7:19 | 5:24 |  |
| 25 | Tue | 7:17 | 6.0 | 9:11 | 4.2 | 12:43 | 2.7 | 2:41 | 0.8 | 7:18 | 5:25 |  |
| 26 | Wed | 8:10 | 6.2 | 10:06 | 4.6 | 1:49 | 2.9 | 3:32 | 0.2 | 7:17 | 5:26 |  |
| 27 | Thu | 9:02 | 6.5 | 10:52 | 5.0 | 2:54 | 2.9 | 4:18 | -0.3 | 7:17 | 5:27 |  |
| 28 | Fri | 9:52 | 6.8 | 11:35 | 5.3 | 3:52 | 2.8 | 5:01 | -0.7 | 7:16 | 5:28 |  |
| 29 | Sat | 10:40 | 7.1 | | | 4:45 | 2.5 | 5:43 | -1.0 | 7:15 | 5:29 |  |
| 30 | Sun | 12:16 | 5.7 | 11:28 AM | 7.2 | 5:35 | 2.2 | 6:25 | -1.1 | 7:14 | 5:30 |  |

| Date | | High | | | | Low | | | |  | |  |
|-----------|-----|--------------|-----|--------------|-----|-------------|-----|-------------|------|--|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 31 | Mon | 12:57 | 6.0 | 12:18 | 7.1 | 6:25 | 1.9 | 7:06 | -1.0 | 7:13 | 5:31 |  |