



































Pinole Point, CA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:06	5.6	4:18	4.6	11:07	2.7	10:51	1.0	7:25	5:00	
2	Fri	5:46	5.7	5:33	4.1			12:14	2.3	7:25	5:01	
3	Sat	6:24	5.7	6:57	3.9			1:15	1.8	7:25	5:02	
4	Sun	7:03	5.9	8:21	3.8	12:18	2.2	2:12	1.3	7:25	5:03	
5	Mon	7:43	6.0	9:33	4.0	1:06	2.7	3:04	0.8	7:25	5:04	
6	Tue	8:24	6.1	10:30	4.3	2:00	3.0	3:50	0.3	7:25	5:04	
7	Wed	9:05	6.3	11:18	4.5	2:57	3.3	4:33	-0.2	7:25	5:05	
8	Thu	9:46	6.5			3:49	3.4	5:13	-0.6	7:25	5:06	
9	Fri	12:02	4.8	10:25 AM	6.6	4:36	3.4	5:52	-0.9	7:25	5:07	
10	Sat	12:43	5.0	11:03 AM	6.8	5:19	3.4	6:30	-1.1	7:25	5:08	
11	Sun	1:22	5.1	11:43 AM	6.8	6:02	3.3	7:06	-1.1	7:25	5:09	
12	Mon	1:59	5.3	12:24	6.7	6:46	3.2	7:42	-1.1	7:24	5:10	
13	Tue	2:34	5.5	1:08	6.5	7:32	3.0	8:17	-0.8	7:24	5:11	
14	Wed	3:09	5.6	1:56	6.1	8:22	2.8	8:53	-0.4	7:24	5:12	
15	Thu	3:43	5.8	2:49	5.6	9:19	2.5	9:30	0.2	7:23	5:13	
16	Fri	4:18	6.0	3:53	5.0	10:24	2.1	10:10	0.9	7:23	5:14	
17	Sat	4:56	6.2	5:15	4.4	11:35	1.5	10:55	1.7	7:23	5:15	
18	Sun	5:38	6.4	6:50	4.1			12:45	0.9	7:22	5:16	
19	Mon	6:27	6.6	8:25	4.1			1:54	0.3	7:22	5:18	
20	Tue	7:22	6.8	9:45	4.4	12:49	2.9	2:58	-0.3	7:21	5:19	
21	Wed	8:21	7.0	10:47	4.7	2:02	3.2	3:57	-0.8	7:21	5:20	
22	Thu	9:20	7.1	11:39	5.0	3:15	3.3	4:49	-1.2	7:20	5:21	
23	Fri	10:15	7.2			4:19	3.2	5:37	-1.4	7:20	5:22	
24	Sat	12:24	5.2	11:06 AM	7.2	5:16	3.1	6:22	-1.4	7:19	5:23	
25	Sun	1:06	5.4	11:55 AM	7.0	6:08	2.9	7:03	-1.2	7:18	5:24	
26	Mon	1:45	5.6	12:42	6.7	6:57	2.7	7:41	-0.8	7:18	5:25	
27	Tue	2:21	5.7	1:27	6.3	7:45	2.5	8:17	-0.4	7:17	5:26	
28	Wed	2:56	5.8	2:12	5.8	8:33	2.3	8:50	0.2	7:16	5:28	
29	Thu	3:29	5.8	2:59	5.2	9:22	2.2	9:22	0.9	7:15	5:29	
30	Fri	4:01	5.8	3:51	4.7	10:16	2.0	9:53	1.5	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	4:34	5.7	4:57	4.2	11:15	1.8	10:26	2.2	7:14	5:31	