

































Pinole Point, CA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:22	5.7	4:34	4.2	10:18	1.2	9:31	2.6	6:40	6:02	
2	Mon	3:52	5.6	5:51	3.9	11:17	1.1	10:05	3.1	6:39	6:03	
3	Tue	4:32	5.5	7:20	3.9			12:23	1.0	6:37	6:04	
4	Wed	5:26	5.4	8:45	4.0			1:31	0.8	6:36	6:05	
5	Thu	6:36	5.4	9:42	4.3	12:32	3.6	2:34	0.5	6:34	6:06	
6	Fri	7:50	5.6	10:22	4.6	2:02	3.6	3:27	0.1	6:33	6:07	
7	Sat	8:54	5.9	10:55	5.0	3:11	3.3	4:12	-0.2	6:31	6:08	
8	Sun	10:49	6.2			5:04	2.9	5:52	-0.4	7:30	7:09	
9	Mon	12:27	5.3	11:39 AM	6.4	5:50	2.3	6:29	-0.5	7:28	7:10	
10	Tue	12:57	5.7	12:28	6.5	6:35	1.7	7:05	-0.4	7:27	7:11	
11	Wed	1:27	6.0	1:18	6.4	7:19	1.1	7:41	0.0	7:26	7:12	
12	Thu	1:57	6.3	2:11	6.2	8:05	0.5	8:17	0.5	7:24	7:13	
13	Fri	2:29	6.5	3:05	5.8	8:52	0.0	8:53	1.1	7:23	7:14	
14	Sat	3:02	6.7	4:04	5.3	9:43	-0.3	9:30	1.8	7:21	7:15	
15	Sun	3:39	6.7	5:10	4.8	10:39	-0.4	10:11	2.4	7:19	7:16	
16	Mon	4:22	6.6	6:29	4.4	11:44	-0.3	11:02	3.0	7:18	7:17	
17	Tue	5:14	6.3	7:55	4.3			12:57	-0.2	7:16	7:18	
18	Wed	6:22	6.0	9:19	4.4	12:19	3.3	2:10	-0.2	7:15	7:19	
19	Thu	7:45	5.8	10:23	4.7	1:53	3.4	3:20	-0.2	7:13	7:20	
20	Fri	9:06	5.8	11:09	5.0	3:19	3.2	4:20	-0.2	7:12	7:21	
21	Sat	10:14	5.8	11:46	5.3	4:28	2.7	5:10	-0.2	7:10	7:22	
22	Sun	11:11	5.9			5:22	2.2	5:52	-0.1	7:09	7:23	
23	Mon	12:18	5.6	12:00	5.9	6:08	1.7	6:29	0.1	7:07	7:24	
24	Tue	12:49	5.8	12:45	5.8	6:49	1.2	7:03	0.4	7:06	7:25	
25	Wed	1:17	5.9	1:29	5.6	7:28	0.8	7:35	0.8	7:04	7:25	
26	Thu	1:44	6.0	2:12	5.4	8:04	0.5	8:04	1.2	7:03	7:26	
27	Fri	2:10	5.9	2:55	5.1	8:40	0.3	8:33	1.7	7:01	7:27	
28	Sat	2:33	5.9	3:39	4.9	9:15	0.3	8:59	2.2	7:00	7:28	
29	Sun	2:57	5.8	4:27	4.6	9:53	0.3	9:25	2.6	6:58	7:29	
30	Mon	3:23	5.6	5:24	4.3	10:36	0.4	9:53	3.0	6:57	7:30	
31	Tue	3:54	5.5	6:34	4.1	11:29	0.5	10:29	3.3	6:55	7:31	