



































Pinole Point, CA - Jan 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:42	7.3			3:40	3.3	5:12	-1.6	7:25	5:01	
2	Mon	12:03	5.1	10:32 AM	7.5	4:38	3.2	6:00	-1.9	7:25	5:01	
3	Tue	12:51	5.4	11:24 AM	7.6	5:34	3.1	6:47	-2.0	7:25	5:02	
4	Wed	1:36	5.6	12:17	7.5	6:30	2.9	7:32	-1.8	7:25	5:03	
5	Thu	2:20	5.8	1:12	7.1	7:28	2.6	8:17	-1.4	7:25	5:04	
6	Fri	3:02	6.0	2:09	6.5	8:27	2.4	9:00	-0.8	7:25	5:05	
7	Sat	3:45	6.2	3:10	5.8	9:32	2.1	9:44	0.0	7:25	5:06	
8	Sun	4:28	6.3	4:18	5.0	10:42	1.8	10:29	0.8	7:25	5:07	
9	Mon	5:13	6.4	5:37	4.4	11:53	1.4	11:17	1.6	7:25	5:08	
10	Tue	5:59	6.4	7:04	4.0			1:02	1.0	7:25	5:09	
11	Wed	6:47	6.5	8:32	4.0	12:09	2.3	2:07	0.6	7:24	5:10	
12	Thu	7:38	6.4	9:48	4.2	1:06	2.9	3:06	0.2	7:24	5:11	
13	Fri	8:29	6.5	10:46	4.4	2:10	3.2	3:58	-0.2	7:24	5:12	
14	Sat	9:18	6.5	11:31	4.6	3:13	3.3	4:43	-0.4	7:24	5:13	
15	Sun	10:02	6.5			4:07	3.3	5:24	-0.6	7:23	5:14	
16	Mon	12:10	4.8	10:43 AM	6.6	4:55	3.3	6:01	-0.7	7:23	5:15	
17	Tue	12:47	5.0	11:22 AM	6.6	5:38	3.2	6:37	-0.7	7:22	5:16	
18	Wed	1:21	5.1	11:59 AM	6.5	6:19	3.0	7:10	-0.6	7:22	5:17	
19	Thu	1:53	5.3	12:36	6.3	6:59	2.9	7:40	-0.4	7:22	5:18	
20	Fri	2:24	5.4	1:13	6.0	7:38	2.8	8:09	-0.1	7:21	5:19	
21	Sat	2:53	5.5	1:51	5.6	8:19	2.6	8:36	0.3	7:21	5:20	
22	Sun	3:20	5.6	2:33	5.2	9:03	2.4	9:03	0.8	7:20	5:21	
23	Mon	3:46	5.7	3:22	4.7	9:53	2.2	9:30	1.4	7:19	5:23	
24	Tue	4:13	5.8	4:26	4.3	10:51	1.9	10:02	2.0	7:19	5:24	
25	Wed	4:46	5.9	5:53	3.9	11:56	1.4	10:43	2.5	7:18	5:25	
26	Thu	5:27	6.1	7:34	3.9			1:03	0.9	7:17	5:26	
27	Fri	6:19	6.3	9:03	4.1			2:09	0.3	7:17	5:27	
28	Sat	7:21	6.5	10:08	4.5	12:51	3.4	3:11	-0.3	7:16	5:28	
29	Sun	8:26	6.8	10:58	4.9	2:13	3.5	4:06	-0.9	7:15	5:29	
30	Mon	9:29	7.2	11:43	5.2	3:29	3.3	4:56	-1.4	7:14	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	10:27	7.4			4:33	3.0	5:43	-1.6	7:13	5:31	