

Point Bonita, Bonita Cove, CA - Dec 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:20	5.0	3:40	4.5	11:00	3.0	10:32	0.8	7:07	4:51	
2	Tue	5:54	5.2	4:59	4.2			12:04	2.5	7:07	4:51	
3	Wed	6:26	5.5	6:23	4.1			12:56	1.9	7:08	4:51	
4	Thu	6:57	5.8	7:42	4.2	12:07	1.5	1:40	1.2	7:09	4:51	
5	Fri	7:28	6.2	8:52	4.4	12:52	1.9	2:21	0.4	7:10	4:51	
6	Sat	8:01	6.5	9:54	4.7	1:37	2.4	3:01	-0.3	7:11	4:51	
7	Sun	8:37	6.9	10:50	4.9	2:22	2.7	3:42	-0.9	7:12	4:51	
8	Mon	9:17	7.1	11:43	5.1	3:08	3.0	4:26	-1.3	7:13	4:51	
9	Tue	10:00	7.3			3:55	3.2	5:12	-1.6	7:14	4:51	
10	Wed	12:33	5.2	10:48 AM	7.3	4:44	3.3	6:00	-1.7	7:14	4:51	
11	Thu	1:23	5.2	11:39 AM	7.1	5:37	3.3	6:49	-1.6	7:15	4:51	
12	Fri	2:12	5.2	12:33	6.8	6:37	3.2	7:40	-1.3	7:16	4:51	
13	Sat	3:02	5.3	1:32	6.3	7:46	3.0	8:32	-0.8	7:17	4:51	
14	Sun	3:51	5.5	2:38	5.6	9:05	2.8	9:25	-0.2	7:17	4:52	
15	Mon	4:39	5.7	3:55	4.9	10:30	2.3	10:19	0.4	7:18	4:52	
16	Tue	5:25	6.0	5:24	4.4	11:49	1.7	11:14	1.1	7:19	4:52	
17	Wed	6:10	6.2	6:57	4.3			12:57	1.0	7:19	4:53	
18	Thu	6:52	6.5	8:21	4.4	12:09	1.7	1:54	0.4	7:20	4:53	
19	Fri	7:32	6.6	9:31	4.6	1:03	2.3	2:43	-0.2	7:21	4:53	
20	Sat	8:10	6.7	10:28	4.9	1:56	2.8	3:26	-0.5	7:21	4:54	
21	Sun	8:47	6.7	11:18	5.0	2:46	3.1	4:05	-0.7	7:22	4:54	
22	Mon	9:24	6.6			3:33	3.3	4:42	-0.8	7:22	4:55	
23	Tue	12:01	5.1	10:01 AM	6.5	4:17	3.4	5:17	-0.8	7:23	4:55	
24	Wed	12:41	5.1	10:37 AM	6.4	4:58	3.4	5:51	-0.7	7:23	4:56	
25	Thu	1:17	5.1	11:14 AM	6.3	5:38	3.4	6:26	-0.6	7:23	4:56	
26	Fri	1:51	5.0	11:51 AM	6.0	6:18	3.3	6:59	-0.5	7:24	4:57	
27	Sat	2:24	5.0	12:30	5.7	7:02	3.2	7:33	-0.2	7:24	4:58	
28	Sun	2:56	5.0	1:11	5.4	7:51	3.1	8:08	0.1	7:24	4:58	
29	Mon	3:28	5.1	1:59	4.9	8:49	2.9	8:44	0.5	7:25	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Tue	4:01	5.3	2:58	4.4	9:56	2.6	9:23	1.0	7:25	5:00	
31	Wed	4:36	5.5	4:21	3.9	11:04	2.2	10:02	1.7	7:25	5:01	