

Point Bonita, Bonita Cove, CA - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:07	5.8	6:05	3.8			12:05	1.5	7:25	5:01	
2	Fri	5:47	6.1	7:46	3.9			1:01	0.8	7:25	5:02	
3	Sat	6:30	6.4	9:03	4.3			1:52	0.1	7:25	5:03	
4	Sun	7:17	6.7	10:00	4.7	12:57	3.1	2:40	-0.6	7:26	5:04	
5	Mon	8:07	7.0	10:48	5.0	1:56	3.3	3:27	-1.1	7:26	5:05	
6	Tue	8:58	7.3	11:32	5.2	2:52	3.3	4:14	-1.6	7:26	5:06	
7	Wed	9:50	7.4			3:46	3.2	5:00	-1.8	7:25	5:06	
8	Thu	12:13	5.3	10:42 AM	7.4	4:39	3.0	5:46	-1.8	7:25	5:07	
9	Fri	12:54	5.5	11:35 AM	7.2	5:35	2.7	6:30	-1.5	7:25	5:08	
10	Sat	1:34	5.6	12:29	6.7	6:33	2.4	7:14	-1.1	7:25	5:09	
11	Sun	2:14	5.8	1:26	6.0	7:36	2.1	7:58	-0.4	7:25	5:10	
12	Mon	2:55	6.0	2:30	5.3	8:45	1.8	8:42	0.3	7:25	5:11	
13	Tue	3:38	6.2	3:46	4.5	10:00	1.5	9:30	1.2	7:25	5:12	
14	Wed	4:23	6.3	5:20	4.1	11:16	1.1	10:24	2.0	7:24	5:13	
15	Thu	5:11	6.4	7:05	4.1			12:28	0.6	7:24	5:14	
16	Fri	6:00	6.4	8:32	4.4			1:31	0.2	7:24	5:15	
17	Sat	6:51	6.4	9:35	4.7	12:37	3.1	2:25	-0.1	7:23	5:16	
18	Sun	7:40	6.4	10:23	4.9	1:41	3.3	3:11	-0.3	7:23	5:17	
19	Mon	8:26	6.4	11:03	5.1	2:37	3.3	3:51	-0.5	7:22	5:19	
20	Tue	9:09	6.4	11:38	5.1	3:25	3.3	4:27	-0.5	7:22	5:20	
21	Wed	9:48	6.4			4:06	3.1	4:59	-0.5	7:21	5:21	
22	Thu	12:08	5.1	10:26 AM	6.3	4:44	3.0	5:29	-0.5	7:21	5:22	
23	Fri	12:35	5.1	11:02 AM	6.2	5:20	2.8	5:58	-0.4	7:20	5:23	
24	Sat	1:00	5.1	11:38 AM	5.9	5:56	2.7	6:25	-0.2	7:20	5:24	
25	Sun	1:25	5.2	12:15	5.6	6:34	2.5	6:52	0.1	7:19	5:25	
26	Mon	1:50	5.3	12:55	5.2	7:16	2.3	7:20	0.5	7:18	5:26	
27	Tue	2:16	5.5	1:41	4.7	8:03	2.1	7:50	1.0	7:18	5:27	
28	Wed	2:45	5.6	2:40	4.2	8:58	1.8	8:23	1.6	7:17	5:28	
29	Thu	3:19	5.8	4:04	3.8	10:02	1.5	9:02	2.3	7:16	5:30	
30	Fri	4:00	5.9	6:01	3.7	11:12	1.0	9:57	2.9	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	4:49	6.1	7:53	4.0			12:22	0.5	7:15	5:32	