

Point Bonita, Bonita Cove, CA - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:34	5.2	6:36	5.8	12:24	0.2	12:52	2.7	7:06	6:53	
2	Sat	8:30	5.4	7:47	5.7	1:30	0.3	2:01	2.3	7:06	6:51	
3	Sun	9:16	5.6	8:50	5.7	2:25	0.4	2:57	1.9	7:07	6:50	
4	Mon	9:55	5.8	9:45	5.6	3:12	0.5	3:45	1.5	7:08	6:48	
5	Tue	10:29	5.9	10:35	5.6	3:53	0.7	4:27	1.1	7:09	6:47	
6	Wed	10:58	6.0	11:20	5.5	4:30	1.0	5:04	0.8	7:10	6:45	
7	Thu	11:25	6.0			5:04	1.3	5:39	0.6	7:11	6:44	
8	Fri	12:04	5.4	11:51 AM	6.0	5:36	1.6	6:12	0.5	7:12	6:42	
9	Sat	12:46	5.2	12:17	6.0	6:08	1.9	6:45	0.4	7:13	6:41	
10	Sun	1:28	5.1	12:45	6.0	6:40	2.2	7:19	0.4	7:14	6:39	
11	Mon	2:11	4.9	1:16	5.9	7:14	2.5	7:56	0.4	7:15	6:38	
12	Tue	2:58	4.8	1:51	5.8	7:52	2.8	8:38	0.5	7:16	6:36	
13	Wed	3:51	4.6	2:32	5.6	8:36	3.0	9:26	0.6	7:17	6:35	
14	Thu	4:52	4.6	3:22	5.4	9:33	3.2	10:22	0.6	7:18	6:33	
15	Fri	5:57	4.6	4:23	5.2	10:49	3.2	11:24	0.7	7:18	6:32	
16	Sat	6:56	4.8	5:33	5.1			12:10	3.0	7:19	6:31	
17	Sun	7:44	5.0	6:47	5.2	12:27	0.7	1:16	2.6	7:20	6:29	
18	Mon	8:25	5.3	7:56	5.3	1:23	0.6	2:10	2.0	7:21	6:28	
19	Tue	9:01	5.7	9:00	5.5	2:14	0.6	2:58	1.4	7:22	6:27	
20	Wed	9:37	6.1	9:59	5.6	3:00	0.7	3:43	0.7	7:23	6:25	
21	Thu	10:13	6.5	10:57	5.7	3:44	0.9	4:28	0.0	7:24	6:24	
22	Fri	10:51	6.8	11:53	5.8	4:28	1.1	5:15	-0.6	7:25	6:23	
23	Sat	11:31	7.0			5:12	1.5	6:02	-0.9	7:26	6:21	
24	Sun	12:49	5.7	12:13	7.1	5:58	1.8	6:51	-1.1	7:27	6:20	
25	Mon	1:46	5.6	12:59	7.0	6:47	2.1	7:43	-1.1	7:28	6:19	
26	Tue	2:45	5.5	1:49	6.8	7:41	2.5	8:38	-0.9	7:29	6:18	
27	Wed	3:47	5.3	2:43	6.4	8:44	2.7	9:36	-0.5	7:30	6:17	
28	Thu	4:52	5.3	3:45	5.9	9:59	2.8	10:40	-0.1	7:31	6:15	
29	Fri	5:58	5.3	4:56	5.5	11:24	2.7	11:46	0.2	7:32	6:14	
30	Sat	6:58	5.5	6:13	5.1			12:44	2.4	7:33	6:13	
31	Sun	6:50	5.6	6:29	5.0	12:48	0.6	12:50	1.9	6:35	5:12	