

Point Bonita, Bonita Cove, CA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:06	5.5	3:38	4.4	10:09	2.2	9:44	1.1	7:25	5:01	
2	Mon	4:51	5.8	5:06	4.2	11:19	1.8	10:41	1.6	7:25	5:02	
3	Tue	5:38	6.1	6:38	4.2			12:24	1.1	7:25	5:03	
4	Wed	6:27	6.4	7:58	4.4			1:21	0.4	7:25	5:04	
5	Thu	7:16	6.7	9:05	4.8	12:45	2.2	2:14	-0.3	7:26	5:05	
6	Fri	8:06	7.0	10:01	5.1	1:45	2.4	3:03	-0.8	7:26	5:06	
7	Sat	8:56	7.3	10:51	5.4	2:41	2.4	3:51	-1.3	7:25	5:07	
8	Sun	9:47	7.4	11:38	5.6	3:36	2.4	4:38	-1.5	7:25	5:07	
9	Mon	10:37	7.3			4:30	2.3	5:24	-1.5	7:25	5:08	
10	Tue	12:24	5.8	11:28 AM	7.1	5:25	2.2	6:10	-1.3	7:25	5:09	
11	Wed	1:08	5.9	12:20	6.7	6:21	2.1	6:55	-0.9	7:25	5:10	
12	Thu	1:53	6.0	1:14	6.1	7:20	2.0	7:41	-0.4	7:25	5:11	
13	Fri	2:38	6.0	2:11	5.5	8:23	1.9	8:28	0.2	7:24	5:12	
14	Sat	3:25	6.0	3:17	4.8	9:33	1.8	9:19	0.9	7:24	5:13	
15	Sun	4:14	6.0	4:35	4.4	10:47	1.6	10:15	1.5	7:24	5:14	
16	Mon	5:04	6.0	6:06	4.2	11:58	1.3	11:17	2.0	7:24	5:15	
17	Tue	5:54	6.0	7:33	4.2			1:02	0.9	7:23	5:16	
18	Wed	6:43	6.1	8:41	4.5	12:21	2.4	1:56	0.6	7:23	5:18	
19	Thu	7:29	6.2	9:34	4.7	1:20	2.6	2:41	0.3	7:22	5:19	
20	Fri	8:11	6.2	10:16	4.9	2:12	2.7	3:21	0.0	7:22	5:20	
21	Sat	8:51	6.3	10:53	5.0	2:57	2.7	3:56	-0.1	7:21	5:21	
22	Sun	9:29	6.3	11:25	5.1	3:38	2.7	4:28	-0.3	7:21	5:22	
23	Mon	10:06	6.3	11:55	5.2	4:16	2.6	4:58	-0.3	7:20	5:23	
24	Tue	10:43	6.2			4:52	2.5	5:28	-0.3	7:20	5:24	
25	Wed	12:25	5.3	11:19 AM	6.1	5:27	2.4	5:57	-0.3	7:19	5:25	
26	Thu	12:54	5.3	11:57 AM	5.9	6:05	2.3	6:28	-0.1	7:18	5:26	
27	Fri	1:25	5.4	12:37	5.6	6:45	2.2	7:01	0.2	7:18	5:27	
28	Sat	1:58	5.6	1:22	5.2	7:31	2.0	7:38	0.5	7:17	5:28	
29	Sun	2:34	5.7	2:16	4.8	8:24	1.8	8:18	1.0	7:16	5:30	
30	Mon	3:14	5.8	3:26	4.4	9:27	1.6	9:06	1.5	7:15	5:31	
31	Tue	4:00	5.9	4:55	4.1	10:37	1.2	10:05	2.0	7:14	5:32	