

Point Bonita, Bonita Cove, CA - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:32	5.4	1:23	5.6	7:40	2.6	8:01	-0.1	7:25	5:01	
2	Tue	3:08	5.6	2:23	5.0	8:45	2.3	8:43	0.5	7:25	5:02	
3	Wed	3:47	5.9	3:40	4.4	9:57	1.8	9:30	1.2	7:25	5:03	
4	Thu	4:29	6.1	5:18	4.1	11:13	1.2	10:24	1.9	7:25	5:04	
5	Fri	5:15	6.4	7:03	4.1			12:24	0.6	7:25	5:05	
6	Sat	6:06	6.7	8:30	4.4			1:27	-0.1	7:25	5:06	
7	Sun	7:00	7.0	9:36	4.8	12:35	2.9	2:24	-0.7	7:25	5:07	
8	Mon	7:54	7.2	10:28	5.1	1:42	3.1	3:15	-1.1	7:25	5:08	
9	Tue	8:47	7.2	11:14	5.3	2:43	3.1	4:03	-1.3	7:25	5:08	
10	Wed	9:39	7.2	11:56	5.4	3:39	3.0	4:48	-1.4	7:25	5:09	
11	Thu	10:28	7.1			4:33	2.8	5:30	-1.3	7:25	5:10	
12	Fri	12:36	5.5	11:16 AM	6.8	5:24	2.6	6:10	-1.0	7:25	5:11	
13	Sat	1:13	5.6	12:02	6.3	6:15	2.5	6:48	-0.6	7:24	5:12	
14	Sun	1:49	5.6	12:48	5.8	7:07	2.3	7:24	-0.1	7:24	5:13	
15	Mon	2:24	5.6	1:37	5.2	8:02	2.2	7:59	0.5	7:24	5:14	
16	Tue	2:58	5.7	2:32	4.5	9:01	2.0	8:36	1.2	7:23	5:15	
17	Wed	3:32	5.7	3:42	4.0	10:06	1.8	9:16	1.9	7:23	5:17	
18	Thu	4:09	5.7	5:19	3.7	11:14	1.5	10:04	2.5	7:23	5:18	
19	Fri	4:51	5.8	7:17	3.8			12:19	1.1	7:22	5:19	
20	Sat	5:37	5.9	8:42	4.1			1:17	0.7	7:22	5:20	
21	Sun	6:27	6.0	9:34	4.4	12:20	3.3	2:07	0.4	7:21	5:21	
22	Mon	7:17	6.1	10:12	4.6	1:24	3.4	2:50	0.0	7:21	5:22	
23	Tue	8:05	6.3	10:44	4.8	2:16	3.4	3:28	-0.3	7:20	5:23	
24	Wed	8:50	6.5	11:14	4.9	3:00	3.3	4:04	-0.6	7:19	5:24	
25	Thu	9:33	6.6	11:42	5.1	3:40	3.1	4:37	-0.8	7:19	5:25	
26	Fri	10:15	6.6			4:19	2.8	5:10	-0.9	7:18	5:26	
27	Sat	12:11	5.2	10:57 AM	6.6	5:00	2.5	5:43	-0.9	7:17	5:27	
28	Sun	12:40	5.4	11:42 AM	6.3	5:43	2.2	6:17	-0.6	7:17	5:29	
29	Mon	1:10	5.6	12:30	5.9	6:31	1.9	6:52	-0.2	7:16	5:30	
30	Tue	1:41	5.9	1:23	5.4	7:23	1.6	7:29	0.4	7:15	5:31	
31	Wed	2:16	6.1	2:27	4.8	8:23	1.2	8:08	1.2	7:14	5:32	