



































Point Bonita, Bonita Cove, CA - Jan 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:31	6.6	9:06	4.7	12:58	2.0	2:29	0.1	7:25	5:01	
2	Wed	8:13	6.7	10:05	4.9	1:52	2.3	3:14	-0.3	7:25	5:02	
3	Thu	8:52	6.7	10:54	5.0	2:42	2.6	3:55	-0.5	7:25	5:03	
4	Fri	9:29	6.7	11:39	5.1	3:29	2.8	4:32	-0.6	7:25	5:04	
5	Sat	10:06	6.6			4:12	3.0	5:07	-0.7	7:25	5:05	
6	Sun	12:18	5.2	10:41 AM	6.4	4:53	3.0	5:41	-0.6	7:25	5:06	
7	Mon	12:54	5.1	11:17 AM	6.3	5:33	3.1	6:14	-0.5	7:25	5:06	
8	Tue	1:28	5.1	11:52 AM	6.0	6:12	3.0	6:48	-0.3	7:25	5:07	
9	Wed	2:01	5.1	12:30	5.7	6:53	3.0	7:22	-0.1	7:25	5:08	
10	Thu	2:34	5.1	1:10	5.4	7:39	2.9	7:58	0.2	7:25	5:09	
11	Fri	3:08	5.2	1:56	4.9	8:33	2.8	8:36	0.6	7:25	5:10	
12	Sat	3:45	5.3	2:52	4.5	9:36	2.6	9:18	1.0	7:25	5:11	
13	Sun	4:24	5.4	4:08	4.1	10:45	2.3	10:06	1.5	7:24	5:12	
14	Mon	5:06	5.6	5:42	3.9	11:52	1.8	11:01	2.0	7:24	5:13	
15	Tue	5:49	5.9	7:16	4.0			12:50	1.2	7:24	5:14	
16	Wed	6:34	6.2	8:32	4.3	12:01	2.4	1:41	0.5	7:23	5:15	
17	Thu	7:21	6.5	9:32	4.7	1:01	2.7	2:29	-0.2	7:23	5:16	
18	Fri	8:08	6.9	10:22	5.0	1:57	2.8	3:14	-0.8	7:23	5:17	
19	Sat	8:57	7.1	11:09	5.3	2:50	2.8	4:00	-1.2	7:22	5:19	
20	Sun	9:46	7.3	11:52	5.5	3:42	2.7	4:45	-1.5	7:22	5:20	
21	Mon	10:36	7.3			4:33	2.6	5:31	-1.6	7:21	5:21	
22	Tue	12:35	5.6	11:27 AM	7.2	5:26	2.4	6:16	-1.4	7:21	5:22	
23	Wed	1:18	5.8	12:20	6.8	6:21	2.2	7:02	-1.1	7:20	5:23	
24	Thu	2:01	5.9	1:16	6.3	7:20	2.0	7:48	-0.5	7:19	5:24	
25	Fri	2:45	6.0	2:17	5.6	8:26	1.8	8:36	0.2	7:19	5:25	
26	Sat	3:32	6.1	3:28	4.9	9:38	1.6	9:27	0.9	7:18	5:26	
27	Sun	4:21	6.2	4:54	4.4	10:54	1.3	10:26	1.6	7:17	5:27	
28	Mon	5:12	6.2	6:31	4.2			12:08	0.9	7:17	5:28	
29	Tue	6:05	6.3	7:59	4.4			1:14	0.5	7:16	5:30	
30	Wed	6:57	6.3	9:06	4.7	12:39	2.6	2:10	0.1	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	7:45	6.4	9:58	4.9	1:41	2.8	2:57	-0.2	7:14	5:32	