



















Point Bonita, Bonita Cove, CA - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:09	4.9	5:01	-0.8	4:33	2.8	5:51	8:36	
2	Tue			12:56	5.1	5:43	-1.2	5:21	2.9	5:52	8:36	
3	Wed			1:42	5.3	6:27	-1.4	6:11	2.9	5:52	8:35	
4	Thu	12:13	7.0	2:27	5.4	7:12	-1.5	7:05	2.8	5:53	8:35	
5	Fri	1:03	6.8	3:12	5.5	7:59	-1.3	8:04	2.7	5:53	8:35	
6	Sat	1:56	6.5	3:58	5.6	8:47	-1.0	9:10	2.5	5:54	8:35	
7	Sun	2:55	6.0	4:46	5.8	9:36	-0.5	10:24	2.2	5:54	8:35	
8	Mon	4:02	5.3	5:34	6.0	10:28	0.1	11:41	1.8	5:55	8:34	
9	Tue	5:20	4.8	6:23	6.3	11:23	0.7			5:56	8:34	
10	Wed	6:49	4.4	7:11	6.5	12:56	1.3	12:21	1.4	5:56	8:34	
11	Thu	8:18	4.4	7:59	6.7	2:02	0.7	1:21	1.9	5:57	8:33	
12	Fri	9:36	4.5	8:44	6.8	2:59	0.1	2:19	2.3	5:58	8:33	
13	Sat	10:40	4.8	9:28	6.8	3:49	-0.3	3:14	2.6	5:58	8:33	
14	Sun	11:34	5.0	10:10	6.8	4:34	-0.5	4:05	2.8	5:59	8:32	
15	Mon			12:21	5.1	5:15	-0.6	4:53	3.0	6:00	8:32	
16	Tue			1:03	5.2	5:54	-0.7	5:38	3.0	6:00	8:31	
17	Wed			1:41	5.2	6:30	-0.6	6:20	3.0	6:01	8:30	
18	Thu	12:07	6.4	2:16	5.2	7:05	-0.5	7:02	3.0	6:02	8:30	
19	Fri	12:45	6.1	2:48	5.2	7:39	-0.3	7:44	2.9	6:03	8:29	
20	Sat	1:23	5.8	3:20	5.2	8:13	-0.1	8:29	2.8	6:03	8:29	
21	Sun	2:03	5.5	3:52	5.3	8:48	0.2	9:20	2.7	6:04	8:28	
22	Mon	2:48	5.1	4:26	5.3	9:24	0.6	10:18	2.5	6:05	8:27	
23	Tue	3:41	4.6	5:03	5.5	10:03	1.1	11:23	2.3	6:06	8:27	
24	Wed	4:48	4.2	5:42	5.7	10:47	1.6			6:07	8:26	
25	Thu	6:15	4.0	6:25	5.9	12:28	1.9	11:39 AM	2.1	6:07	8:25	
26	Fri	7:49	4.0	7:10	6.1	1:28	1.4	12:36	2.5	6:08	8:24	
27	Sat	9:10	4.2	7:57	6.4	2:20	0.8	1:36	2.8	6:09	8:23	
28	Sun	10:12	4.6	8:44	6.7	3:08	0.2	2:32	2.9	6:10	8:22	
29	Mon	11:03	4.9	9:33	7.0	3:54	-0.3	3:25	2.9	6:11	8:22	
30	Tue	11:48	5.1	10:23	7.2	4:39	-0.8	4:16	2.9	6:11	8:21	
31	Wed			12:30	5.3	5:23	-1.1	5:07	2.7	6:12	8:20	