




















Point Bonita, Bonita Cove, CA - Aug 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:30	5.8	3:12	5.4	8:10	0.1	8:32	2.5	6:13	8:19	
2	Tue	2:14	5.4	3:43	5.6	8:43	0.5	9:26	2.2	6:14	8:18	
3	Wed	3:08	4.9	4:16	5.8	9:19	1.0	10:27	1.8	6:15	8:17	
4	Thu	4:16	4.4	4:55	6.0	10:01	1.6	11:35	1.4	6:16	8:15	
5	Fri	5:48	4.1	5:39	6.3	10:51	2.3			6:17	8:14	
6	Sat	7:34	4.1	6:31	6.5	12:45	0.8	11:53 AM	2.8	6:18	8:13	
7	Sun	9:06	4.4	7:28	6.8	1:51	0.2	1:05	3.2	6:18	8:12	
8	Mon	10:12	4.7	8:27	7.1	2:51	-0.3	2:15	3.3	6:19	8:11	
9	Tue	11:02	5.0	9:25	7.3	3:46	-0.8	3:18	3.2	6:20	8:10	
10	Wed	11:46	5.3	10:21	7.4	4:37	-1.2	4:15	2.9	6:21	8:09	
11	Thu			12:27	5.5	5:24	-1.3	5:10	2.6	6:22	8:08	
12	Fri			1:06	5.6	6:09	-1.2	6:04	2.3	6:23	8:06	
13	Sat	12:08	7.1	1:44	5.8	6:52	-0.9	6:58	2.0	6:24	8:05	
14	Sun	1:01	6.7	2:21	5.9	7:34	-0.5	7:54	1.7	6:25	8:04	
15	Mon	1:55	6.1	2:59	6.0	8:14	0.1	8:51	1.6	6:25	8:03	
16	Tue	2:52	5.4	3:36	6.1	8:55	0.8	9:53	1.4	6:26	8:01	
17	Wed	3:58	4.8	4:16	6.1	9:39	1.6	11:01	1.3	6:27	8:00	
18	Thu	5:19	4.4	4:59	6.0	10:30	2.3			6:28	7:59	
19	Fri	6:59	4.3	5:48	5.9	12:11	1.1	11:33 AM	2.9	6:29	7:57	
20	Sat	8:34	4.4	6:42	5.9	1:19	0.9	12:47	3.3	6:30	7:56	
21	Sun	9:41	4.7	7:38	6.0	2:19	0.6	1:56	3.4	6:31	7:55	
22	Mon	10:28	4.9	8:30	6.1	3:11	0.4	2:53	3.3	6:31	7:53	
23	Tue	11:05	5.0	9:18	6.2	3:54	0.2	3:40	3.2	6:32	7:52	
24	Wed	11:36	5.1	10:02	6.3	4:32	0.0	4:20	3.0	6:33	7:51	
25	Thu			12:04	5.2	5:06	-0.1	4:56	2.8	6:34	7:49	
26	Fri			12:30	5.2	5:37	-0.1	5:30	2.5	6:35	7:48	
27	Sat			12:55	5.3	6:05	-0.1	6:05	2.3	6:36	7:46	
28	Sun	12:00	6.2	1:20	5.5	6:34	0.1	6:41	2.0	6:37	7:45	
29	Mon	12:41	5.9	1:46	5.6	7:02	0.3	7:21	1.7	6:37	7:44	
30	Tue	1:24	5.6	2:14	5.8	7:33	0.8	8:05	1.5	6:38	7:42	
31	Wed	2:14	5.2	2:44	6.0	8:05	1.3	8:55	1.2	6:39	7:41	