



































Point Bonita, Bonita Cove, CA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:47	6.5	8:35	4.4	12:08	2.0	1:58	0.3	7:25	5:01	
2	Mon	7:28	6.6	9:41	4.6	1:05	2.6	2:46	-0.1	7:25	5:02	
3	Tue	8:08	6.6	10:35	4.9	1:59	3.0	3:28	-0.4	7:25	5:03	
4	Wed	8:46	6.6	11:20	5.0	2:50	3.2	4:06	-0.6	7:25	5:04	
5	Thu	9:24	6.5			3:36	3.3	4:42	-0.6	7:25	5:05	
6	Fri	12:00	5.1	10:01 AM	6.5	4:18	3.3	5:16	-0.6	7:25	5:06	
7	Sat	12:36	5.1	10:37 AM	6.4	4:57	3.3	5:48	-0.6	7:25	5:07	
8	Sun	1:08	5.0	11:14 AM	6.2	5:35	3.2	6:20	-0.5	7:25	5:07	
9	Mon	1:39	5.0	11:50 AM	6.0	6:13	3.1	6:52	-0.4	7:25	5:08	
10	Tue	2:08	5.0	12:28	5.7	6:54	3.0	7:24	-0.1	7:25	5:09	
11	Wed	2:38	5.1	1:09	5.3	7:41	2.9	7:57	0.2	7:25	5:10	
12	Thu	3:09	5.2	1:56	4.9	8:36	2.7	8:32	0.7	7:25	5:11	
13	Fri	3:42	5.4	2:57	4.4	9:39	2.4	9:10	1.2	7:24	5:12	
14	Sat	4:18	5.6	4:21	4.0	10:48	2.0	9:56	1.8	7:24	5:13	
15	Sun	4:57	5.8	6:09	3.8	11:55	1.3	10:50	2.4	7:24	5:14	
16	Mon	5:40	6.1	7:51	4.0			12:55	0.6	7:23	5:15	
17	Tue	6:28	6.4	9:07	4.4			1:50	-0.1	7:23	5:16	
18	Wed	7:19	6.8	10:03	4.8	1:01	3.2	2:41	-0.7	7:23	5:18	
19	Thu	8:11	7.1	10:49	5.1	2:03	3.3	3:30	-1.3	7:22	5:19	
20	Fri	9:05	7.3	11:32	5.3	3:00	3.2	4:18	-1.6	7:22	5:20	
21	Sat	9:58	7.5			3:55	3.0	5:05	-1.8	7:21	5:21	
22	Sun	12:13	5.4	10:51 AM	7.4	4:49	2.7	5:50	-1.7	7:21	5:22	
23	Mon	12:53	5.6	11:44 AM	7.1	5:44	2.4	6:34	-1.4	7:20	5:23	
24	Tue	1:32	5.7	12:38	6.6	6:41	2.2	7:17	-0.9	7:19	5:24	
25	Wed	2:12	5.9	1:35	5.9	7:43	1.9	8:00	-0.2	7:19	5:25	
26	Thu	2:53	6.0	2:39	5.1	8:50	1.6	8:44	0.6	7:18	5:26	
27	Fri	3:35	6.1	3:57	4.4	10:03	1.4	9:32	1.5	7:17	5:27	
28	Sat	4:20	6.2	5:34	4.1	11:18	1.0	10:29	2.2	7:17	5:28	
29	Sun	5:08	6.2	7:19	4.1			12:30	0.6	7:16	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Mon	5:59	6.2	8:41	4.4			1:32	0.3	7:15	5:31	
31	Tue	6:51	6.2	9:39	4.8	12:48	3.2	2:25	0.0	7:14	5:32	