

































Point Bonita, Bonita Cove, CA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:15	5.6	9:15	4.8	12:41	3.4	1:54	0.2	6:41	6:03	
2	Thu	7:16	5.7	9:52	4.9	1:45	3.2	2:42	0.0	6:39	6:04	
3	Fri	8:08	5.8	10:22	5.0	2:35	2.9	3:21	-0.1	6:38	6:05	
4	Sat	8:54	5.9	10:48	5.0	3:16	2.6	3:55	-0.2	6:37	6:06	
5	Sun	9:35	5.9	11:12	5.1	3:52	2.3	4:24	-0.2	6:35	6:07	
6	Mon	10:14	5.8	11:34	5.2	4:26	2.1	4:51	-0.1	6:34	6:08	
7	Tue	10:53	5.7	11:56	5.4	4:58	1.8	5:17	0.1	6:32	6:09	
8	Wed	11:32	5.5			5:32	1.5	5:42	0.4	6:31	6:10	
9	Thu	12:18	5.5	12:13	5.2	6:07	1.2	6:09	0.8	6:29	6:11	
10	Fri	12:42	5.7	12:59	4.9	6:45	0.9	6:38	1.3	6:28	6:12	
11	Sat	1:09	5.8	1:53	4.5	7:29	0.7	7:10	1.9	6:26	6:13	
12	Sun	1:39	5.9	4:02	4.2	9:19	0.5	8:47	2.5	7:25	7:14	
13	Mon	3:17	5.9	5:35	4.0	10:20	0.3	9:35	3.0	7:23	7:15	
14	Tue	4:07	5.9	7:25	4.1	11:32	0.2	10:52	3.4	7:22	7:16	
15	Wed	5:12	5.9	8:44	4.4			12:50	-0.1	7:20	7:17	
16	Thu	6:30	5.9	9:34	4.7	12:34	3.4	2:00	-0.4	7:19	7:18	
17	Fri	7:45	6.1	10:13	5.0	1:57	3.1	2:59	-0.7	7:17	7:19	
18	Sat	8:53	6.3	10:48	5.3	3:01	2.6	3:49	-0.9	7:16	7:19	
19	Sun	9:54	6.4	11:22	5.6	3:56	2.0	4:34	-0.9	7:14	7:20	
20	Mon	10:50	6.4	11:54	5.9	4:46	1.4	5:15	-0.7	7:13	7:21	
21	Tue	11:45	6.2			5:34	0.8	5:54	-0.2	7:11	7:22	
22	Wed	12:27	6.1	12:39	5.8	6:22	0.3	6:32	0.3	7:10	7:23	
23	Thu	12:59	6.3	1:34	5.4	7:10	0.0	7:10	1.0	7:08	7:24	
24	Fri	1:31	6.3	2:32	5.0	7:58	-0.2	7:49	1.7	7:07	7:25	
25	Sat	2:05	6.2	3:36	4.6	8:48	-0.1	8:31	2.3	7:05	7:26	
26	Sun	2:41	6.0	4:52	4.4	9:42	0.0	9:23	2.9	7:04	7:27	
27	Mon	3:22	5.7	6:25	4.3	10:43	0.2	10:35	3.3	7:02	7:28	
28	Tue	4:14	5.4	7:53	4.4	11:54	0.3			7:01	7:29	
29	Wed	5:19	5.1	8:53	4.6	12:09	3.4	1:06	0.4	6:59	7:30	
30	Thu	6:34	5.0	9:34	4.8	1:29	3.2	2:08	0.3	6:58	7:31	
31	Fri	7:43	5.1	10:06	4.9	2:28	2.9	2:57	0.2	6:56	7:31	