US HARBORS www.USHarbors.com

Point Bonita, Bonita Cove, CA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:24	7.3	11:01	5.2	2:15	3.2	3:44	-1.4	7:25	5:02	
2	Fri	9:17	7.5	11:47	5.3	3:13	3.2	4:32	-1.7	7:25	5:02	
3	Sat	10:09	7.4			4:09	3.1	5:19	-1.7	7:25	5:03	
4	Sun	12:31	5.5	11:01 AM	7.2	5:04	2.9	6:04	-1.5	7:25	5:04	
5	Mon	1:13	5.5	11:51 AM	6.8	6:00	2.7	6:48	-1.2	7:25	5:05	
6	Tue	1:54	5.6	12:42	6.3	6:58	2.5	7:29	-0.7	7:25	5:06	
7	Wed	2:34	5.7	1:35	5.6	7:59	2.3	8:10	0.0	7:25	5:07	
8	Thu	3:14	5.7	2:34	4.9	9:05	2.1	8:52	0.7	7:25	5:08	
9	Fri	3:54	5.8	3:45	4.2	10:15	1.9	9:36	1.4	7:25	5:09	
10	Sat	4:34	5.9	5:18	3.8	11:26	1.5	10:26	2.1	7:25	5:10	
11	Sun	5:15	5.9	7:08	3.8			12:31	1.1	7:25	5:11	
12	Mon	5:58	6.0	8:36	4.1			1:28	0.7	7:25	5:12	
13	Tue	6:42	6.1	9:36	4.4	12:30	3.1	2:16	0.3	7:24	5:13	
14	Wed	7:27	6.2	10:20	4.7	1:31	3.4	2:59	0.0	7:24	5:14	
15	Thu	8:11	6.3	10:56	4.8	2:23	3.4	3:37	-0.3	7:24	5:15	
16	Fri	8:53	6.4	11:28	4.9	3:08	3.4	4:12	-0.5	7:23	5:16	
17	Sat	9:33	6.5	11:57	5.0	3:47	3.3	4:45	-0.7	7:23	5:17	
18	Sun	10:12	6.5			4:24	3.1	5:17	-0.8	7:22	5:18	
19	Mon	12:25	5.0	10:51 AM	6.4	5:00	3.0	5:48	-0.8	7:22	5:19	
20	Tue	12:52	5.1	11:30 AM	6.3	5:39	2.8	6:19	-0.7	7:22	5:20	
21	Wed	1:20	5.3	12:12	6.0	6:21	2.5	6:51	-0.4	7:21	5:21	
22	Thu	1:50	5.5	12:58	5.5	7:09	2.2	7:25	0.1	7:20	5:22	
23	Fri	2:20	5.7	1:52	5.0	8:03	1.9	8:01	0.7	7:20	5:23	
24	Sat	2:54	5.9	3:01	4.4	9:06	1.6	8:41	1.4	7:19	5:24	
25	Sun	3:33	6.1	4:35	4.0	10:17	1.1	9:29	2.2	7:19	5:25	
26	Mon	4:19	6.3	6:29	3.9	11:33	0.6	10:32	2.8	7:18	5:27	
27	Tue	5:13	6.5	8:07	4.2			12:45	0.1	7:17	5:28	
28	Wed	6:14	6.7	9:13	4.7			1:49	-0.5	7:16	5:29	
29	Thu	7:17	6.9	10:03	5.0	1:08	3.3	2:45	-0.9	7:16	5:30	
30	Fri	8:17	7.1	10:45	5.2	2:15	3.2	3:35	-1.2	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	**9:13**	7.1	**11:24**	5.4	**3:14**	2.9	**4:21**	-1.3	7:14	5:32	