

































## Point Bonita, Bonita Cove, CA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:56	6.6	11:45	6.2	4:40	0.9	5:08	-0.5	6:40	6:04	
2	Wed	11:49	6.3			5:30	0.5	5:51	-0.1	6:39	6:05	
3	Thu	12:24	6.4	12:44	5.9	6:22	0.3	6:34	0.4	6:37	6:06	
4	Fri	1:05	6.5	1:44	5.5	7:17	0.1	7:20	1.0	6:36	6:07	
5	Sat	1:49	6.5	2:49	5.0	8:16	0.1	8:12	1.6	6:34	6:08	
6	Sun	2:38	6.3	4:06	4.6	9:21	0.2	9:13	2.1	6:33	6:09	
7	Mon	3:33	6.1	5:32	4.5	10:34	0.3	10:29	2.5	6:31	6:09	
8	Tue	4:37	5.9	6:53	4.6	11:49	0.3	11:51	2.6	6:30	6:10	
9	Wed	5:45	5.7	7:58	4.9			12:57	0.2	6:28	6:11	
10	Thu	6:51	5.7	8:47	5.1	1:02	2.5	1:53	0.2	6:27	6:12	
11	Fri	7:50	5.7	9:28	5.2	2:01	2.2	2:39	0.1	6:25	6:13	
12	Sat	8:42	5.7	10:02	5.3	2:49	1.9	3:18	0.2	6:24	6:14	
13	Sun	10:27	5.6	11:31	5.4	4:31	1.7	4:53	0.3	7:23	7:15	
14	Mon	11:08	5.6	11:58	5.5	5:09	1.4	5:24	0.4	7:21	7:16	
15	Tue	11:47	5.5			5:43	1.2	5:53	0.6	7:19	7:17	
16	Wed	12:22	5.5	12:25	5.3	6:16	1.0	6:21	0.9	7:18	7:18	
17	Thu	12:47	5.6	1:04	5.1	6:49	0.8	6:49	1.2	7:16	7:19	
18	Fri	1:13	5.6	1:44	4.9	7:22	0.7	7:19	1.5	7:15	7:20	
19	Sat	1:41	5.7	2:28	4.7	7:59	0.6	7:51	1.8	7:13	7:21	
20	Sun	2:13	5.6	3:19	4.4	8:40	0.6	8:28	2.2	7:12	7:22	
21	Mon	2:49	5.6	4:20	4.2	9:28	0.6	9:13	2.5	7:10	7:23	
22	Tue	3:34	5.5	5:36	4.1	10:26	0.5	10:14	2.8	7:09	7:24	
23	Wed	4:29	5.4	6:55	4.2	11:32	0.5	11:35	2.9	7:07	7:25	
24	Thu	5:36	5.4	8:01	4.5			12:41	0.3	7:06	7:26	
25	Fri	6:49	5.4	8:51	4.8	12:57	2.7	1:43	0.1	7:04	7:26	
26	Sat	7:58	5.6	9:33	5.2	2:04	2.3	2:37	-0.1	7:03	7:27	
27	Sun	9:01	5.8	10:12	5.5	3:00	1.7	3:26	-0.2	7:01	7:28	
28	Mon	10:01	6.0	10:49	5.9	3:50	1.1	4:12	-0.2	7:00	7:29	
29	Tue	10:57	6.1	11:27	6.2	4:39	0.5	4:56	0.0	6:58	7:30	
30	Wed	11:53	6.0			5:28	-0.1	5:40	0.3	6:57	7:31	
31	Thu	12:06	6.5	12:48	5.8	6:17	-0.5	6:24	0.7	6:55	7:32	